Celebrating the Year of the Nurse and Midwife
The World Health Organization (WHO) and International Council of Nurses has launched a global campaign to recognize the mission and accomplishments of professionals that account for more than 50 percent of the worldwide health workforce. Women’s Healthcare: A Clinical Journal for NPs will be offering special initiatives throughout 2021 highlighting nurses’ role in healthcare.
Overview: About HCM

HCM – HealthCom Media is a leading information, marketing services and content development company. Our experience and understanding of the many complex aspects of today’s healthcare system has proven instrumental in securing our leading position as a premier healthcare publisher. We are staffed with experienced professionals who utilize market intelligence to deliver relevant content to our readers, many of whom are healthcare providers and association members. We excel in developing fully integrated marketing solutions for commercial entities that complement traditional advertising programs in our award winning journals.

Our Story
HCM began as a specialty clinical publisher focused on partnerships with healthcare societies and has evolved into a robust media partner, developing solutions across multiple channels and healthcare audience sectors.

HCM’s relationship with the diverse and expanding nursing market keeps them informed so they can provide the best evidence-based care for the patients they serve. As we innovate, we continue to enhance our readerships’ experience, while we create best practices to advance healthcare intelligence for the benefit of our partners’ goals and objectives.

Our Profile
• More than 22 years communicating healthcare best practices and intelligence
• Official media partner of the Nurse Practitioners in Women’s Healthcare
• Reaches nearly 3.8 million nurses annually
• Full suite of communication tools and strategies including market research, marketing services, custom content
• A broad network of more than 200 thought leaders in healthcare who are actively contributing to our content platforms
Publishing and sales team

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jhatz@healthcommedia.com
Journal and advertising overview

Issuance and Closing

Frequency

Bimonthly (Feb, Apr, Jun, Aug, Oct, Dec) issues are distributed print and digitally to all members of the National Association of Nurse Practitioners in Women’s Health (NPWH). Additional distribution to nurse practitioners is sent in digital format.

Issues and Dates

<table>
<thead>
<tr>
<th>Issues and Dates</th>
<th>Closing Date</th>
<th>Material Due Date</th>
<th>Deployment Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>February</td>
<td>1/13/21</td>
<td>1/18/21</td>
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<td>April</td>
<td>3/17/21</td>
<td>3/22/21</td>
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<tr>
<td>June</td>
<td>5/7/21</td>
<td>5/13/21</td>
<td>6/16/21</td>
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<tr>
<td>August</td>
<td>7/14/21</td>
<td>7/19/21</td>
<td>8/18/21</td>
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<tr>
<td>October</td>
<td>9/10/21</td>
<td>9/15/21</td>
<td>10/20/21</td>
</tr>
<tr>
<td>December</td>
<td>11/5/21</td>
<td>11/9/21</td>
<td>12/15/21</td>
</tr>
</tbody>
</table>

Contact your Account Manager for details

General Editorial Direction

Women’s Healthcare: A Clinical Journal for NPs is a comprehensive peer-reviewed journal written by thought-leaders in the nurse practitioner community about relevant topics specific to women’s health issues. The journal provides vital clinical data, information, news and insight from authoritative experts that enhances quality patient care as well as providing NPs with a wide variety of information ranging from clinical to policy and best practices.

The journal is presented in a fresh, reader friendly print and digital format. Issues are mailed and deployed quarterly to over 32,000 nurse practitioners. Digital content features videos, click-through data, lead generation, etc.

The Q3 issue is printed for distribution at the annual NPWH Conference

Average Issue Information

| Number of articles/departments per issue: | 8-10 |
| Average length of articles: | 2-6 pages |

Every issue includes:

- Two to three peer-reviewed, science-based clinical feature articles
- **Message from Editor-in-Chief**, Beth Kelsey, EdD, APRN, WHNP-BC, Assistant Professor, DNP Program Director, School of Nursing, Ball State University
- **Assessment and Management** – Topical short summaries of scientific research, guidelines, and reports that highlight key “take-aways”
- **Policy & Practice Points** – Designed to help NPs optimize their clinical practice and stay current
- **Patient Education** – Highlights patient education, tool kits, websites, and other resources
- **NPWH News and Updates** – News and updates from the leading voice for Nurse Practitioners who are treating women every day
- **Continuing Education** - Topical CE activities accredited by the NPWH to meet the educational needs of NPs who provide care for women across the lifespan.

Origin of Editorial:

| Staff-written: | 25% |
| Solicited: | 60% |
| Submitted: | 15% |

*Editorial is reviewed by the Managing Editor, Editor-in-Chief, and other subject matter experts.*
**Journal and advertising overview**

**Rates and Discounts**
Rates effective January, 2021. 15% agency discount on total of ad space, color and position charge. Frequency is calculated based on the total number of advertising pages in a 12-month period.

**2021 Print Journal Rates (Gross)**

<table>
<thead>
<tr>
<th>Black and White Rates</th>
<th>1x B/W Rate:</th>
<th>3x B/W Rate:</th>
<th>6x B/W Rate:</th>
<th>12x B/W Rate:</th>
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</thead>
<tbody>
<tr>
<td>Full page</td>
<td>$4,060</td>
<td>$3,640</td>
<td>$3,120</td>
<td>$2,710</td>
</tr>
<tr>
<td>Half page</td>
<td>$2,440</td>
<td>$2,190</td>
<td>$1,880</td>
<td>$1,630</td>
</tr>
<tr>
<td>Third page</td>
<td>$1,830</td>
<td>$1,640</td>
<td>$1,410</td>
<td>$1,220</td>
</tr>
<tr>
<td>Quarter page</td>
<td>$1,340</td>
<td>$1,210</td>
<td>$1,030</td>
<td>$900</td>
</tr>
<tr>
<td>Four Color</td>
<td>$1,100</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Agency discount: 15%

**Preferred Positions**

<table>
<thead>
<tr>
<th></th>
<th>Rate:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cover 4</td>
<td>50%</td>
</tr>
<tr>
<td>Center Spread</td>
<td>50%</td>
</tr>
<tr>
<td>Cover 2</td>
<td>30%</td>
</tr>
<tr>
<td>Cover 3 and Opposite TOC</td>
<td>25%</td>
</tr>
<tr>
<td>Opposite NPWH Editorial</td>
<td>15%</td>
</tr>
<tr>
<td>Opposite Editor-in-Chief</td>
<td>15%</td>
</tr>
<tr>
<td>Cover Tips</td>
<td>$10,000 Net</td>
</tr>
</tbody>
</table>

**Circulation**
Distribution to 32,000 nurse practitioners in a combination of print and/or digital. Digital distribution includes delivery in a turn-page format with live links, offering advertisers the ability to drive significant brand engagement with this influential audience.

**General Information**

**Requirements or Restrictions for Pharmaceutical Products**
Advertisements must be consistent with FDA guidelines. Any advertisement can be rejected per the discretion of the Publisher and NPWH.

- **Accept New Product Releases?**
  Yes – please send to Publisher.

- **Editorial Research**
  Editorial research is conducted on a regular basis.

- **Ad/Edit Information**
  - Ad/Edit Ratio 40/60%
  - Average Folio 52 pages

**Supplied Inserts Rates:**

Furnished inserts are billed at the black and white rate times the number of insert pages. Two-page insert (one leaf): Two-times earned frequency rate. Four-page or larger insert: Black & White earned frequency rate per page.
Learn more at: www.npwomenshealthcare.com

Journal and advertising overview

**Mechanical Reproduction Requirements**

<table>
<thead>
<tr>
<th>Ad and Bleed Sizes</th>
<th>Non-Bleed</th>
<th>Bleed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Page Size</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2-page spread</td>
<td>7” x 9 3/4”</td>
<td>8 1/4” x 11 1/8”</td>
</tr>
<tr>
<td>Full page</td>
<td>7” x 9 3/4”</td>
<td>8 1/4” x 11 1/8”</td>
</tr>
<tr>
<td>Half page - vertical</td>
<td>3 3/8” x 9 3/4”</td>
<td>4” x 11 1/8”</td>
</tr>
<tr>
<td>Half page – horizontal</td>
<td>7” x 4 3/4”</td>
<td>8 1/8” x 5 1/2”</td>
</tr>
<tr>
<td>Third page</td>
<td>2 1/8” x 9 3/4”</td>
<td>2 3/4” x 11 1/8”</td>
</tr>
<tr>
<td>Quarter page</td>
<td>3 3/8” x 4 3/4”</td>
<td>NA</td>
</tr>
</tbody>
</table>

**AD REPRODUCTION REQUIREMENTS**

**Half-tone Screen – 133-line screen.**

- *Women’s Healthcare: A Clinical Journal for NPs* is printed web offset using computer-to-plate technology.
- Digital artwork required. Mac files are preferred.
- Application file formats accepted are: Hi-res PDF, QuarkXPress, Adobe Illustrator, Adobe InDesign, Adobe Photoshop.
- PDF/X-1a files preferred. Fonts should be embedded. Files should be written at 300 dpi; 2400 x 3263 pixels.
- Pages must be built according to final trim size (8” x 10 7/8”). All bleeds should be 1/8” beyond page trim size. All text should be kept 1/2” from trim.
- For eps files using fonts, be sure fonts are converted to outline or rastorized.
- We print at a 133-line screen; therefore, an image resolution of 275-300 dpi is required.
- Use the layout application scaling for design and sizing; once you know the size desired, rescale your image in its original application and re-import it into your layout document at 100%.
- Convert all images to CMYK (not RGB). No spot colors.
- All colors or graphics must be supplied in a single channel EPS or TIFF format.
- InDesign/Quark colors must be converted to CMYK, with the spot color box unchecked in the Edit Colors dialogue box.
- Files can be submitted electronically through email, Dropbox, or other file transfer system.
- SWOP standards apply.

**For any production questions, please contact:**

**Chris Evans Gartley**  
**Phone:** 215-489-7004  
**Email:** cevansgartley@healthcommedia.com
## Woman’s Healthcare Display Ad Guide

<table>
<thead>
<tr>
<th>Ad Type</th>
<th>Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full page</td>
<td>7” x 9½”</td>
</tr>
<tr>
<td>Full page bleed</td>
<td>8¼” x 11½”</td>
</tr>
<tr>
<td>2/3 page</td>
<td>4⅜” x 9¾”</td>
</tr>
<tr>
<td>2/3 page bleed</td>
<td>5⅛” x 11¼”</td>
</tr>
<tr>
<td>1/3 page</td>
<td>2⅛” x 9¾”</td>
</tr>
<tr>
<td>1/3 page bleed</td>
<td>2⅛” x 11¼”</td>
</tr>
<tr>
<td>1/2 page vertical</td>
<td>3¾” x 9¾”</td>
</tr>
<tr>
<td>1/2 page vertical bleed</td>
<td>4” x 11¼”</td>
</tr>
<tr>
<td>1/4 page</td>
<td>3⅓” x 4⅜”</td>
</tr>
<tr>
<td>1/6 page</td>
<td>2⅛” x 4⅜”</td>
</tr>
<tr>
<td>Island</td>
<td>4⅜” x 7⅛”</td>
</tr>
<tr>
<td>1/2 page horizontal</td>
<td>7” x 4⅜”</td>
</tr>
<tr>
<td>1/2 page horizontal bleed</td>
<td>8¼” x 5½”</td>
</tr>
<tr>
<td>Issue</td>
<td>Features</td>
</tr>
<tr>
<td>-------</td>
<td>----------</td>
</tr>
</tbody>
</table>
| Feb   | • Continuing Education: Dermatology  
• Opioid use disorder and women  
• Personalized cervical cancer prevention | • NPWH position statement: Cervical cancer screening  
• Assessment and management: Hypothyroidism  
• DNP projects: Contraceptive counseling  
• Policy and practice points: WHNP role in rural women’s health  
• Clinical resources: CDC recommendations STD clinical services  
• On the case: PPROM  
• Bolder women’s health white paper |
| April | • Continuing Education: Irritable Bowel Syndrome | • Assessment & Management  
• DNP Projects  
• Clinical Resources  
• Focus on Sexual Health  
• On the Case  
• NPWH Position Statement |
| June  | • Innovation/technology | • Assessment & Management  
• DNP Projects  
• Clinical Resources  
• Focus on Sexual Health  
• On the Case  
• NPWH Position Statement |
| August| • Osteoporosis | • Assessment & Management  
• DNP Projects  
• Clinical Resources  
• Focus on Sexual Health  
• On the Case  
• NPWH Position Statement |
| October| • Endocrinology: Diabetes in reproductive women | • Assessment & Management  
• DNP Projects  
• Clinical Resources  
• Focus on Sexual Health  
• On the Case  
• NPWH Position Statement |
| Dec   | • Gynecology: Menopause | • Assessment & Management  
• DNP Projects  
• Clinical Resources  
• Focus on Sexual Health  
• On the Case  
• NPWH Position Statement |

*Note: Content is subject to change*
Digital Infrastructure
HCM is equipped to facilitate data-driven marketing services and solutions for clients while serving the interest of audiences across all platforms.

Women’s Healthcare: A Clinical Journal for NPs and npwomenshealthcare.com is supported by a state-of-the-art marketing automation infrastructure that allows its clients more efficient targeting of nurses and nurse leaders, their interests, and roles enabling smarter segmentation and behavioral techniques driven by marketing science.

Content marketing programs and sponsorships will now include the following targeting capabilities:
• Predictive analytics
• Advanced segmentation
• Behavioral analysis
• Content taxonomy
• IP mapping and audience segmentation
• Construction of personas

Identify characteristics of target nurses based on data and behavioral analysis. Use these attributes for forward looking traffic and targeted content delivery. HCM will use display, email, social media, website, native, and other channels to disseminate targeted messages to the right audience and drive to the tactics described in this publication.

Fully Integrated Programs
We partner with organizations to provide an opportunity to reach thousands of nurses with relevant content through innovative and creative digital media initiatives. By leveraging our award winning, peer-reviewed editorial, Women’s Healthcare: A Clinical Journal for NPs can co-brand with your organization to promote your topic, and add value and authority to your digital messaging.

Audience
The proposed thought leadership approach will influence nurses to improve overall practice and behavior while helping to reduce overall rates of hospital associated infections. The nurses reached in this program will include:
• 40,000+ readers of Women’s Healthcare: A Clinical Journal for NPs
• Nearly a quarter-million visitors to npwomenshealthcare.com

All of these professionals require meaningful content to advance their practices and improve outcomes.

Our content includes:

- Clinical, practical, useful nurse practitioner articles with commentary and thought leadership from NP and nursing and industry leaders.
- Leadership – our leaders share best practices and deliver content that guides future leaders.
- News on Drugs and devices – editorial specific to the latest drug therapy options and best practices—a hot topic for nurses.
- Continuing education – multi-platform delivery of continuing education credits; the lifeblood to nursing career advancement.
- Latest NPWH news — current issues facing nurses and program updates from NPWH.
- Health news from around the nation – premier source for health information and health news from around the world.
- Careers – general career opportunities, tips and job-hunting information.
- Focused thought leadership through our Advisor Series Resource Center. We take the expertise of leaders in all areas of nursing and drive topic-specific awareness.
- Native Advertising — creative ads in the user’s content experience and usually take the form of the content on the page. HCM employs, four types of native ad units: Story Ad, Video Ad, Product Ad, and App Install Ad.

Pages in the official journal promote the following:

Video: Clinical best practices, research, debates, and panel discussions - all take on a greater life in video format. These 5-7 minute videos are made for sharing and bring faces to the clinical issues.

ASRC: Site-based resource center; a deep content repository serving as the nexus of content channels and tactics uses SEO and marketing tactics to own the issues associated with various brands and draw on the 500,000+ monthly traffic.

Podcast: An audio series featuring personable clinicians can take an informative and entertaining message to nurses across all levels - gain loyalty and enjoy viral benefits.
NPWomensHealthcare.com Display Ad Guide

- Interstitial Ad: 640 x 480 px
- Half Page: 300 x 600 pixels
- Standard Leaderboard Ad: 728 x 90 pixels
- Super Leaderboard Ad: 970 x 90 pixels
- Medium Rectangle: 300 x 250 pixels
Educational Webinars

- Webinars are terrific tools to communicate best practices, innovation, and education.

- Highlight the innovation and thought leadership of our partner companies and front-line practitioners.

- Draw leads, increase SEO, deliver valuable front-line insights on key topics, and more.

- Pre- and post-event marketing media bundle – awareness across display, social, email, print channels to 3.8MM nurses.

Live Webinars
An HCM Live Webinar is a collaborative online conference that is formatted and broadcast as a peer-level web meeting. Live Webinars consist of real-time multicast from a presenter, or panel of presenters, to a geographically diverse audience. Live Webinars are scheduled and marketed a minimum of 6 weeks in advance, and feature online registrations and reminder e-mails. The Live Webinar format offers text-based messages for submitting questions to speakers at any point during the presentation. Applications for web conferencing include topic discussions, training events, lectures, or sales related presentations.

OnDemand Webinars
An OnDemand Webinar is a scaled down version of the Live Webinars, in that they are entirely pre-recorded and accessible from our website at any time. The OnDemand Webinars take on all the appearances and benefits of the Live version, but do not occur in real time on a scheduled date. Question and answer session do not occur, but can be simulated as part of the recorded presentation.

Contact your account manager for pricing and availability
Online and Digital Media

Video and Podcast Content Strategy

- Serialized short-form episodes focused on clinical how-to’s, best practice research, debates, panel discussions driven by thought leaders.

- Each video is backed by an advanced analytical-based marketing campaign to create buzz and interest in the highlighted topics; and to track views and engagement for re-targeting messaging.

- Video is a powerful media format that brings faces to the topics discussed. Videos are approximately 7-15 minutes.

**Video**

Video has become an essential part of how hospitals, clinics, nursing schools, and other healthcare facilities teach, train, and communicate. The video format has become the preferred medium in healthcare settings, as it is a simple tool that can quickly and effectively convey information better than text, and that can be shared and reviewed easily anytime and anywhere it’s needed.

**Podcasts**

A Podcast is a digital audio file that is available for listening, downloading and storage on various devices.

These audio files are often presented in topic-oriented episodes, and produced as a series that can be syndicated to a user’s desktop, mobile application, or portable media player.

Contact your account manager for pricing and availability.
Online and Digital Media

Advisor Series Resource Center (ASRC)

- ASRCs are highly customizable content repositories delivering much-needed information: clinical education content, sponsor banners, video, and White Paper hosting, podcasts, position statements all fill a needed gap.

- ASRC’s have a ‘back end’ infrastructure designed to analyze audience behavior for re-targeting based on predictive analytics.

- ASRCs are a content rich environment with sponsor branding and conversation points.

- HCM will take on all production work for Video and Podcast series creation.

ASRC Plan and Strategy

Supported by a marketing campaign that leverages HCP-level data, advanced audience segmentation, contextual targeting and behavior analysis, ASRCs target the interests of HCP audiences. Clients own the topics in a dedicated region of the site with 100% SOV. Brand messaging is variable and can change throughout.

Sponsorship includes:

- Content created in video, audio and/or written-formats will help drive awareness and consideration with a key audience, and to break through the noise of a highly competitive market with precise messaging (ex. Target list, CNOs, VP Nursing, etc.)

- Leverage KOL influencers through highly powerful video content and messaging

- Educate and support nurse leaders to better understand workforce optimization and benefits of data driven practices while building brand awareness

- Generate research along the way by understanding engagement and behavior with content on site

- Capture qualified leads and associated data

- Supported by a detailed marketing campaign
Join HealthCom Media and NP Women’s HealthCare as we spotlight the exceptional role nurse heroes play in our healthcare system. New for 2021: HCM and Al Roker Productions will feature stories, videos, social media, and advertising that highlights the importance of nurses in service and draws the attention to a specialty or field in nursing.

• The goal of the campaign is to increase the public’s awareness and appreciation of nurses, while educating viewers on the magnitude of nurses’ work and their positive impact on society and the American healthcare system.

• Numbering more than 4 million strong, nurses are the largest group of health care professionals in this country. Nurses are with patients and families in all settings where health care is delivered from birth to the end of life.

• Globally, the nursing profession marks a milestone in 2020, as the World Health Organization declared it the International Year of the Nurse and Midwife in honor of the 200th anniversary of the birth of Florence Nightingale. Year of the Nurse has been extended through July 2021.
KOL/Thought Leadership eResources

**eBooks**
An eBook is a publication featuring copy and images and consists of academic, marketing or sales related content. eBooks can be designed with an organization’s brand standards, or as an unbiased editorial or research formatted document.

**White Papers**
A White Paper, also referred to as a Case Study, is an authoritative report or guide that informs readers about complex topics or relevant industry issues. White Papers present the authoring organization’s philosophy on the matter, and are meant to help readers understand an issue, solve a problem, or make a decision. In business, a White Paper is the perfect asset to persuade an audience and promote a product or viewpoint. White Papers differ from eBooks in that they tend to be less visual and more academic in their presentation.

**Infographics**
An Infographic, also referred to as Information Graphics, is a visual representation of data or knowledge intended to clearly present information at a glance. Developed specifically for Health Care Professionals, Infographics can be the best format to illustrate statistics, patterns, trends and comparisons. Since they make minimal use of text, infographics can be a powerful tool for simplifying concepts, mapping relationships, and providing essential insights. The use of compelling images can make an abstract idea easier to understand, and ideal for marketing and instructional communications.

**Patient Handouts**
A Patient Handout, also referred to as Patient Education, is a downloadable and printable document intended for healthcare professionals (nurses, nurse practitioners, physician assistants or physicians) to provide information to patients about their own health status and needs. Patient Handouts aim to enable patients to improve their own health by changing their health-related behaviors. These sponsored assets serve as a brand-building and awareness opportunity for supporting organizations.

**Special Reports**
A Special Report, also referred to as an Editorial Supplement, are sponsored, fully independent publications that are published for distribution with one of our journals, but also can serve as stand a alone thought leadership piece. Editorial direction, content development and design is provided by HealthCom Media, and provides content for supporters in both print and digital for distribution.

**Contact your account manager for pricing and availability**