

# Alcohol use during pregnancy can lead to lifelong effects.

Up to **1 in 20** US school children may have FASDs.



People with FASDs can experience a mix of the following problems:

## Physical issues

low birth weight  
and growth



problems with heart, kidneys, and  
other organs



damage to parts  
of the brain



Which leads to...

## Behavioral and intellectual disabilities



learning disabilities and low IQ

hyperactivity

difficulty with attention



poor ability to communicate  
in social situations

poor reasoning and  
judgment skills



These can lead to...

## Lifelong issues with

school and  
social skills



living independently

mental health

substance use

keeping a job

trouble with the law



Drinking while pregnant costs the US **\$5.5 billion** (2010).

