NPWH news & updates



Gay Johnson, CEO

Message from the CEO

appy Spring! We have jumped into high gear here at NPWH!

To celebrate National Women's Health Week, May 14-20, 2017, we participated in the Coalition for Women's Health Equity's planning of their first-ever Women's Health Empowerment Summit. NPWH partnered with Women Against Alzheimer's to plan the panel, Women's Health for All Ages: New Trends & Perspectives. Our panelists included NPWH's Susan Hoffstetter, Immediate Past Chair of the Board of Directors; Mary Worstell, Senior Advisor to the Director, HHS Office of Women's Health; Jill Lesser, President, Women Against Alzheimer's; Athena Cross-Edge, Board Member, Black Women's Health Imperative; and Lynn Yeakel, Director of Drexel University College of Medicine's Institute for Women's Health and Leadership and Founder and President, Vision 2020.

Our annual Women's Sexual Health Course for NPs is in its fourth year, and we are expecting to reach capacity once again for this educational activity. The Vulvoscopy Workshop that we added last year was so popular that we are offering it again this year. The Women's Sexual Health Course, the only course designed specifically for NPs, has been extremely well received. This course enhances NPs' ability to promote women's sexual health and increases their confidence in evaluating, diagnosing, and managing female sexual dysfunction.

We are thrilled to announce that we are in the process of developing our new Patient Portal. This portal will be accessed on our website and will facilitate patient–NP communication. The portal will include information promoting health, as well as information about the specific needs of women with common health conditions and about management of conditions unique to women. In addition, this portal will provide women with direct access to women's health topics. We will keep you updated on our progress.

PROGRAM GUIDE

Caring for Women



This is the 20th year that NPWH will be offering its Annual Premier Women's Healthcare Conference, and we are excited to be in Seattle, Washington, once again! This year's presentations will cover topics such as colposcopy, menopause, preeclampsia, hereditary breast and ovarian cancer, and professional development (e.g., writing for publication), just to name a few. New this year is the SOAR Training, which was developed by the U.S. Department of Health and Human Services for recognizing victims of human trafficking. Check out the program guide on the following pages to see all of our presentations, which cover the very latest developments in women's health. Please plan to join us; you won't want to miss this year's conference!

> – Gay Johnson Chief Executive Officer, NPWH

The National Association of Nurse Practitioners in Women's Health (NPWH) is a dynamic professional membership organization focused on women's healthcare. As the healthcare landscape changes and evolves, NPWH continues to advocate for sound public policies that improve women's health and to support the professional development and lifelong learning of nurse practitioners, nurse midwives, and all other clinicians who provide care to women. Clinicians who attend the NPWH 20th Annual Premier Women's Healthcare Conference will gain the in-depth knowledge and specialized skills needed to provide high-quality healthcare to women of all ages.

Please join us in Seattle, Washington, to learn about state-of-the-art developments in women's health, network with colleagues, and share our collective goal of providing guality healthcare to women.

The National Association of Nurse Practitioners in Women's Health's mission is to ensure the provision of quality primary and specialty healthcare to women of all ages by women's health and women's healthfocused nurse practitioners. Our mission includes protecting and promoting a woman's right to make her own choices regarding her health within the context of her personal, religious, cultural, and family beliefs.

Learning Objectives

At the conclusion of this conference, participants will understand current clinical trends and use evidence-based research and national guidelines to:

- 1. Identify and address current topics in women's health, including:
 - a. Updates on contraception, colposcopy, and menopause
 - b. Healthcare needs of women victims of human trafficking
 - c. Hereditary breast and ovarian cancer
 - d. Transgender health
 - e. Women's sexual health
 - f. Health concerns of women veterans
- 2. Incorporate essential primary care skills into women's health practice

- 3. Diagnose and manage chronic vaginitis, abnormal uterine bleeding, and infertility
- 4. Update knowledge about and professional development of the NP role, including:
 - a. Writing for publication
 - b. DNP for the WHNP
 - c. Social determinants of health and health disparities
- 5. Identify and manage problems during the childbearing years, including:
 - a. Breastfeeding
 - b. Preeclampsia
 - c. Preventing alcohol-affected pregnancies
- 6. Effectively implement pharmacologic therapy for health problems in women and in HIV prevention using PrEP intervention

Pre-Conference – Wednesday, October 11, 2017

7:15am - 8:00am **Registration/Continental Breakfast**

8:00am - 12:00pm Focused Obstetrical Ultrasound for the Nurse Practitioner in Women's Health

3.5 CE; NCC Code 3 Bryann Bromley, MD Jennifer L. Hawn, WHNP-BC Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC

This course will introduce the key components of a Focused Obstetrical Ultrasound performed, interpreted, and documented by Nurse Practitioners in Women's Health. The imaging requirements of a focused obstetrical ultrasound examination in the first, second, and third trimesters in pregnancy will be presented along with the requirements for documentation of this examination. Educational and experiential training guidelines for performing this type of study will be discussed.

12:00pm - 1:00pm Lunch

1:00pm - 5:00pm Safe Prescribing for Mental Health Conditions Across the Lifespan

3.5 CE 3.5 Rx; NCC Code 4 Marie Giarratana-Young, DNP, MPH, MSN, NP Mary Ann Nihart, MA, APRN, PMHCNS-BC, PMHNP-BC

This session will address mental health conditions across the lifespan, including diagnoses and treatment options.

6:00pm - 8:00pm COMPLIMENTARY DINNER SYMPOSIUM 1.5 CE 0.5 Rx

TBD

Day 1 – Thursday, October 12, 2017

7:00am – 8:00am Registration/Continental Breakfast/Exhibits

8:00am – 8:40am Welcome and Business Meeting

8:30am – 9:15am KEYNOTE SPEAKER The Role of Nurses During the Holocaust 0.8 CE; NCC Code 5 Raul Artal, MD, FACOG, FACSM

9:20am – 10:10am Life Course and Social Determinants 0.8 CE; NCC Code 5 Michael Lu, MD (invited)

10:15am – 11:05am Preventing Teratogen Exposure: Facts Every Woman Needs to Know 0.8 CE; NCC Code 2B Marilyn Pierce-Bulger, MN, FNP-BC, CNM

11:10am – 12:20pm Exhibits/Posters 1.0 CE; NCC Code 5

12:30pm – 2:30pm Complimentary Lunch Symposium 1.5 CE

Day 2 – Friday, October 13, 2017

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period

7:00am – 8:00am Registration/Continental Breakfast/Exhibits

8:00am – 9:15am

A. Breastfeeding Guidelines and Management NCC Code 1

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC

This session will address how the advanced practice nurse can provide support in the antepartum and postpartum periods for the mother who desires to breastfeed. Management of breastfeeding situations and problems will also be discussed.

B. Colposcopy Case Studies

NCC Code 3 Mary Rubin, RNC, PhD, CRNP, FAANP

This session will offer the opportunity to discuss cytologic findings, view colposcopic images, review the histologic results, and discuss appropriate management of recent new cases.

2:40pm – 3:30pm Opioid Use Disorder Among Women and Treatment 0.8 CE 0.8 Rx; NCC Code 2C Ursula A. Pritham, PhD, WHNP-BC, FNP-BC, SANE

3:35pm – 4:05pm Break

4:10pm – 5:00pm Living Longer, Loving Longer: Older Women's Sexual Health 0.8 CE; NCC Code 1 Susan Kellogg-Spadt, PhD, CRNP, IF, FCST, CSC

5:05pm – 5:55pm Medicare at 50 Years: Impact on Health Disparities 0.8 CE; NCC Code 5 Edith P. Mitchell, MD, FACP

6:30pm – 8:30pm COMPLIMENTARY DINNER SYMPOSIUM Managing Postmenopausal Dyspareunia 1.5 CE 1.0 Rx; NCC Code 2A

Susan Hoffstetter, PhD, WHNP-BC, FAANP

This program will better enable clinicians to counsel and treat women who experience genitourinary symptoms of menopause (GSM) and moderate to severe dyspareunia. The faculty will discuss the effects of GSM, provide information about over-the-counter and prescription medications, and describe the mechanisms of action of currently available agents. They will also discuss investigational and emerging treatments. They will use case-based scenarios to demonstrate strategies to alleviate patients' concerns about treatment safety and to determine the best approach in treating women with complex health histories and current health statuses that affect treatment choices.

C. Guidelines for the Hormonal Management of Transgender Care 1.25 Rx: NCC Code 5

Michelle Schramm, APN, MSN, WHNP-BC

People who identify as transgender report that the difficulty in finding a healthcare provider who is knowledgeable and experienced caring for transgender patients is a major barrier to care. WHNPs and other nurse practitioners who routinely provide sexual and reproductive healthcare can also provide care for transgender patients. This session will provide resources and review current best practices for initiating and managing hormone treatments for medical transition.

D. All the Write Stuff: How to Publish in Journals and Submit Research Abstracts and Posters

NCC Code 5 Beth Kelsey, EdD, APRN, WHNP-BC Dory Greene, BA, BS

This session is designed to help novice writers develop a personal plan for success in writing manuscripts and abstracts. Participants will learn how to move from conceiving a topic to organizing writing to submitting a manuscript. Sample presentation abstracts will be used to walk through the critical components that reviewers want to see.

E. Obesity, Cardio, Hypercholesterolemia

1.25 Rx; NCC Code 2C

Mary Annette Hess, PhD, FNP-BC, CNS

Dr. Hess will discuss and demonstrate how essential ACC/AHA/TOS/ NHLBI and ANPF recommendations can be applied to practice via several real-life patient examples, as well as provide some take-home strategies for healthcare providers managing obesity and its comorbidities, including hypercholesterolemia.

9:25am - 10:40am

F. Fetus: "How Did I Get Here?" The Path to Fetal Surgery NCC Code 2B

Emanuel "Mike" Vlastos, MD

Ensuring each newborn is well born is the goal of obstetrics; fetal assessment provides the means to achieve this goal. During specific times of gestation, ultrasound, fetal cardiac survey, Doppler, non-stress testing, and biophysical profiling can be used to identify structural anomalies and to establish fetal well-being. This session will present the newest recommendations for fetal assessment and options for fetal surgery.

G. Assisted Reproduction: Yesterday, Today, and Tomorrow

NCC Code 2A

Kit S. Devine, DNP, WHNP-BC, APRN

This session will explore the history, current best practices, and emerging trends in assisted reproduction.

H. Compounded vs. FDA-Approved Bioidentical Hormone Therapy: What is the Evidence?

1.25 Rx; NCC Code 1

Marianne H. Hutti, PhD, WHNP-BC, FAANP

Since publication of the WHI in 2002, the use of conventional hormone therapy has decreased by 50%-60%. At the same time, the use of custom-compounded bioidentical hormone therapy (CBHT) has increased significantly. This session will examine the risks and benefits of CBHT vs. FDA-approved BHT (FDA-BHT) and the ways in which these hormones differ from each other and from synthetic hormone therapy. In addition, the session will evaluate the effectiveness of saliva testing in determining postmenopausal hormone status. Finally, position statements from seven professional organizations regarding the use of CBHT will be discussed.

Day 2 – Friday, October 13, 2017

Each breakout session between 8:00am and 5:30pm is worth **1.25 CEs**. Pharmacology credits are noted for each particular session. You may choose one session for each time period

M. Treatment of Low Libido

1.25 Rx; NCC Code 1 Brooke M. Faught, MSN, WHNP-BC, IF

Diagnosis and management of low sex drive in women are complicated and elusive processes. Options for treatment are expanding, albeit still limited. This talk will cover best practice guidelines for treating patients reporting low libido.

N. An Update on HPV Vaccines: Promoting Improved Uptake

1.25 Rx; NCC Code 1

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP

This session will review the natural history of HPV and cervical cancer, the disease burden of HPV at other sites, and the current HPV vaccines,

Decific times 10:45am – 11:55am

Lunch/Exhibits

12:00pm – 1:15pm

I. Medical/Legal Issues

Suzanne M. Baird, DNP, RN

M. Camille Hoffman, MD, MSCS

NCC Code 5

in Obstetrics 1.25 Rx: NCC Code 2B

K. New Directions in Preeclampsia NCC Code 2B

Eleni Tsigas, BA

Preeclampsia and related hypertensive disorders affect up to 10% of all pregnancies, are a leading contributor to the rising rate of maternal mortality in this country, and are a major cause of prematurity. In recent years, greater attention has been placed on improving diagnosis and care for these women and their babies. This session will focus on new directions in preeclampsia: definition, diagnosis, and management, including updates based on 2013 ACOG guidelines, 2011 AHA guidelines for heart disease, guidance from the U.S. Preventive Services Task Force, and comprehensive management toolkits from California (CMQCC) and Florida (FPQC). Real-life patient stories add important context to the new guidance to improve maternal and infant outcomes.

This lecture will outline key elements of a professional negligence suit. In

addition, current legal issues faced by a practicing Women's Health Nurse

J. Women's Mental Health: Screening and Management

Practitioner will be discussed with case presentations to illustrate the concepts.

We will discuss identification of depression and anxiety during the perinatal

period and best practices in therapies, with a focus on pharmacotherapy.

L. Identifying Patients at Risk for Hereditary Cancer: Transforming Care in the Women's Health Setting NCC Code 1

Rachel M. Gorham, WHNP-BC

In this session, we will discuss how to utilize a patient's cancer family history to determine her risk for development of a hereditary cancer syndrome and/or specific cancers. This information will enable providers to tailor their management approach to her specific needs and to optimize the management outcome.

including the 9-valent vaccine. There will be an update on the new recommendations for vaccine doses and intervals. There will be a discussion of strategies for increasing vaccine uptake in young girls and boys and in young women and men.

O. PODIUM PRESENTATIONS NCC Code 5

Counseling Patients on Medication Use During Pregnancy: Why You Need to Be Talking About Pregnancy Exposure Registries Robin D. Johnson

Public Health Advisor

- FDA Office of Women's Health
- Silver Spring, Maryland
- Kimberly A. Thomas, MPH

Director of Outreach and Communications

FDA Office of Women's Health

Silver Spring, Maryland

An Examination of Three Indiana Ethnically and Racially Diverse Populations' Knowledge and Perceptions of Human Papillomavirus (HPV) Infection and HPV Prevention, Screening, and Vaccination

Juanita M. Brand, EdD, MSN, RN-WHNPc

Assistant Professor of Nursing **Ball State University** School of Nursing Muncie, Indiana Sam Colbert, BS Research Assistant/PhD Student **Ball State University** Muncie, Indiana Millicent Fleming Moran, PhD **Epidemiologist - Retired** Marion County Public Health Department Indianapolis, Indiana Anita Ohmit, MPH Indiana Minority Health Coalition Indianapolis, Indiana Virginia A. Caine, MD **Director of Public Health** Marion County Public Health Department Indianapolis, Indiana

1:25pm - 2:40pm

P. Implementation of the CenteringPregnancy® Group Prenatal Care Model NCC Code 5

Kathryn Trotter, DNP, CNM, FNP-BC, FAANP

Jessica Wood, DNP, WHNP-BC, RNC-OB

Participants will discover how implementation of the CenteringPregnancy® model in their clinical site can improve birth and patient satisfaction outcomes, as well as decrease provider burnout. Interactive facilitation activities will be included.

Q. The ABCDs of Bacterial Vaginosis

0.5 Rx; NCC Code 2A Alisa A. Pascale, DNP, WHNP-BC

This talk will explore in depth the **Abnormal** flora of bacterial vaginosis, the epidemiology and potential risks of this very **Bothersome** condition, **Chronicity** of bacterial vaginosis and how to manage it, and the **Differential** diagnosis of bacterial vaginosis. Participants will review how to make an accurate diagnosis of and select appropriate treatment options for this very common vaginal condition.

R. Ask about PrEP: How Nurse Practitioners Can Integrate HIV PrEP into Women's Healthcare

1.25 Rx; NCC Code 1 Alyson Decker, AGNP, MS, MPH

This session will describe current HIV epidemiology among U.S. women, explain why PrEP is a key strategy in reducing new HIV transmissions, outline current PrEP prescribing recommendations and best practices, and highlight the importance of taking a thorough

sexual history and screening for STDs.

S. Contraception and Beyond 1.25 Rx; NCC Code 1

Suzanne Reiter, MM, MSN, WHNP-BC

This presentation will focus on strategies to help patients select a contraceptive method and to reduce barriers against effective use.

T. Sex, Sleep, Sweat, and Tears: Caring for Women at Menopause and Beyond

0.6 Rx; NCC Code 1

Barbara Dehn, RN, MS, NP, FAANP, NCMP

The hormonal roller coaster at menopause can often lead to abrupt changes in a woman's quality of life. This lively and engaging presentation will cover your patients' most pressing concerns, including weight gain, sleep disturbances, sexual and urinary problems, and emotional changes.

2:50pm – 4:05pm

U. Vaginal Pessary Use for Pelvic Organ Prolapse 0.5 Rx; NCC Code 2A

Margaret A. Hull, MSN, WHNP-BC

Attendees will learn about prolapse types and risk factors. The major focus will be on the pessary fitting process, follow-up, and management of complications.

V. Girl Trouble: Dermatological Conditions Mmanifesting in Women

0.5 Rx; NCC Code 2C Abigail B. James, MSN

This session will cover three aspects of dermatology in a women's health setting: (1) dermatologic conditions of pregnancy; (2) acne and hormonal conditions; and (3) dermatologic conditions affecting female genitalia.

W. Women Veterans

NCC Code 3

Lisa M. Roybal, BSN, MSN, WHNP-BC

Women are serving in all branches of the military, including the Army, Air Force, Navy, Marine Corps, and Coast Guard. They comprise 15% of active-duty members and 18% of reserves and guards, and these proportions are increasing. We will explore common issues regarding healthcare for OEF/OIF/OND women Veterans, including postdeployment stressors, physical and mental health risk factors, common health conditions, and methods to facilitate mental and physical healthcare.

X. CLINICAL PRESENTATIONS Non-Invasive Prenatal Testing: Is This the Future of Prenatal Diagnosis?

NCC Code 1

Patricia Geraghty, MSN, FNP-BC, WHNP

Cell-free DNA prenatal screening is a relatively new, but increasingly important, part of prenatal care. This presentation provides a foundation for understanding the physiology and technology of sampling and analyzing cell-free DNA. Accuracy of screening is compared among the various sampling technologies (massively parallel shotgun sequencing, targeted sequencing, and single nucleotide polymorphisms) and to existing screening tests. Threats to accuracy/ validity are discussed. Different professional group guidelines are reviewed. Pre-testing and post-testing patient counseling is outlined. Resources for continued knowledge development are provided.

Pre-Term Labor: Utilization of Antenatal Steroids, Tocolytics, and Magnesium Sulfate

0.5 Rx; NCC Code 2B

Tiameko R. Overton, BSN, MSN

This session will help the clinician to identify and appropriately manage patients at risk for or in active preterm labor.

Y. CLINICAL PRESENTATIONS

Connecting the Dots: Health Policy and Women's Health NCC Code 5

Maria Ruud, DNP, MSN, APRN, WHNP-BC

Now, more than ever, it is imperative that nurses connect the dots between health policy and their patients' well-being. Women's Health Nurse Practitioners witness first-hand how health policies affect the lives of women. This session will provide a legislative update on key policies related to women's health. Resources and strategies will be presented to begin or deepen active engagement in the policy arena.

Sleep, sleep, where are thou sweet sleep? Treating Insomnia

0.5 Rx; NCC Code 2C Jennifer G. Hensley, EdD, CNM, WHNP-BC, LCCE

This session will help the clinician identify types of insomnia and nonpharmacologic and pharmacologic treatments.

4:15pm – 5:30pm

Z. A Systematic Approach to the Diagnosis and Management of Abnormal Uterine Bleeding NCC Code 2A

Nancy Berman, MSN, ANP-BC, NCMP, FAANP

This session will review a systematic approach to the identification and classification of abnormal uterine bleeding, including using the PALM-COEIN system. There will be a review of the diagnostic workup and the options for management, including both medical and surgical procedures.

AA. Women and Brain Health: A Journey Through Addressing Brain Health as a Top Priority for Women NCC Code 5

It is imperative that brain health be raised to the top of America's women's health agenda. NPWH and Women Against Alzheimer's have responded to this need by publishing a joint survey on brain health and the relationship between Nurse Practitioners and women affected by or at risk for Alzheimer's and other dementias. We will discuss how conversations about brain health and the value of provider communication and education can have an impact on this critical need.

BB. Is the DNP in Your Future? A Roundtable Discussion

NCC Code 5

Beth Kelsey, EdD, APRN, WHNP-BC

Aimee Chism Holland, DNP, WHNP-BC, FNP-BC, RD

Michelle Schramm, APN, MSN, WHNP-BC

Debra Ilchak, DNP, RN, FNP-BC, CNE

A panel of DNP students, faculty, and graduates will lead an interactive discussion. The rationale for the NPWH Position Statement on the DNP for WHNPs and potential benefits of earning the DNP degree will be discussed. Strategies for successful work-life balance as a DNP student will also be explored. There will be plenty of time for questions and answers.

CC. CLINICAL PRESENTATIONS

Ultrasound Features of Ovarian Cysts and Common Gynecologic Pathologies

NCC Code 3

Tamara Tobias, ARNP

This presentation will review several types of ovarian masses, their features, and common pelvic pathologies. An increased knowledge about ovarian cysts and other pelvic pathologies will foster better understanding of ultrasound findings while counseling patients and alleviating their concerns.

3D Mammography Matters

NCC Code 3

Kelly Ellington, DNP, APRN, WHNP-BC, RNC-OB

Enhanced breast cancer imaging using 3D mammography or digital breast tomosynthesis is associated with improved outcomes for women.

DD. CLINICAL PRESENTATIONS Beyond the Birds & Bees: Adolescent Sexuality in the Age of Social Media

NCC Code 5

Barbara Dehn, RN, MS, NP, FAANP, NCMP

Love it or hate it? Regardless of how you feel as a clinician, utilizing social media is one of the new facts of life. Adolescents, who are forming their identities, exploring boundaries, and separating from parents, are affected by and are interacting with social media in ways never before imagined. This informative session will discuss adolescent developmental tasks and current evidence-based research on the substantial and varied impact of social media on many aspects of adolescents' evolving sexuality.

Trauma-Informed Primary Care: Avoiding Re-Traumatization

NCC Code 5

Ashley L. Hodges, PhD, CRNP, WHNP-BC

The Substance Abuse and Mental Health Services Administration defines trauma as "an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or threatening and that has lasting adverse effects." Acknowledging the high prevalence of traumatic exposure and its dramatically underestimated impact on health and well-being, women's health nurse practitioners must begin to recognize the value of adopting Trauma-Informed Care (TIC) principles into their practice.

Day 3 – Saturday, October 14, 2017

7:00am – 9:00am Registration

7:15am – 9:15am COMPLIMENTARY BREAKFAST – PRODUCT THEATER Considerations in Selecting NIPT Non-CE

Adam Wolfberg, MD, MPH, FACOG

The Non-Invasive Prenatal Testing (NIPT) landscape is constantly evolving. Stay informed on one of the most significant decisions an expectant parent can make: genetic testing for trisomies 21, 18, and 13. Join us for Considerations in Selecting NIPT and learn: NIPT vs. conventional screening, understanding NIPT results, and how the Harmony® Prenatal Test works.

9:00am - 12:00pm WORKSHOPS

1. Building a Foundation for a Successful Wound Closure 3.0 CE; NCC Code 3

Tracie White, MSN, ACNP-BC, CRNFA

Wound closure begins with proper instrument handling and knot-tving. In this workshop, we will discuss, demonstrate, and practice basic and advanced techniques that form the foundation of successful patient care.

Limited to 75 registered attendees

2. Office Gynecology Procedures

3.0 CE 1.5Rx; NCC Code 3

Aimee Chism Holland, DNP, WHNP-BC, FNP-BC, RD

Participants will be educated about safe and accurate steps specific to performing five different office gynecology procedures. Simulated models will be provided for participants to practice each skill. The session includes these office gynecology procedures: endometrial biopsy, incision and drainage of a Bartholin gland abscess with Word catheter placement, vulvar biopsy, endocervical polypectomy, and treatment of genital warts with trichloroacetic acid. A certification of completion will be provided to participants. Limited to 75 registered attendees

3. Intrauterine Contraception – The Fabulous Five

3.0 CE 1.0 Rx; NCC Code 1 Suzanne Reiter, MM, MSN, WHNP-BC

Carolyn M. Sutton, MSN, WHNP-BC, FAANP

This workshop will provide clinicians with skill-building clinical pearls for successful insertion of the five available IUCs. Limited to 50 registered attendees

4. Primary Care Update (Thyroid Disorders, Type II Diabetes, Hypertension, Hypercholesterolemia)

3.0 CE 1.5 Rx: NCC Code 2C D'Ann Somerall, DNP, MAEd, FNP-BC

William Somerall, MD, MAEd

This 3-hour workshop will discuss the basics of thyroid conditions, Type II diabetes, hypertension, and hypercholesterolemia. Following an introduction covering signs, symptoms, and evidence-based treatment plans, a presentation of case studies will reinforce these concepts.

5. SOAR Training (Human Trafficking)

3.0 CE: NCC Code 5 Kimberly Chang, MD, MPH

Dawn Schiller, Author, Producer, M.A. Women, Gender, & Sexuality

Human trafficking, also known as modern slavery, is a multibillion dollar federal crime that involves the exploitation of a person using force, fraud, or coercion for the purpose of compelled labor or a commercial sex act. When the victim is a minor under 18 years of age, evidence of force, fraud, or coercion is not required for prosecution of the trafficker. Many victims and survivors of human trafficking come into contact with healthcare and social service professionals during and after their exploitation but still remain unidentified. The U.S. Department of Health and Human Services developed the SOAR to Health and Wellness training on human trafficking to address this gap and educate professionals to "Stop, Observe, Ask, and Respond" to human trafficking.

Limited to 65 registered attendees

6. Nexplanon® Training

Non-CE

During the clinical program for Nexplanon (etonogestrel implant), you will receive hands-on training for insertion and removal procedures, as well as learn implant localization techniques. Completion of this course will allow you to order the product from authorized distributors. This session, which is authorized by Merck, is not accredited for continuing education credit. The training is open only to advanced practice clinicians with furnishing numbers of prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Participants are expected to attend the entire training session, which is approximately 3 hours in duration. Certificates of attendance will not be issued for persons who arrive late or leave early.

Limited to 30 registered attendees

12:00pm Adjourn

The complete program guide, including the registration form, is available at **npwh.org.**



Registration Information

PRE-CONFERENCE REGISTRATION FEES

Conference Participant Non-Conference Participant Student	\$245 \$270 \$145
MAIN CONFERENCE REGISTRATION FEES	
Active Member Early Registration (must be postmarked by 9/5/17)	\$500
Regular Registration (must be postmarked by 9/26/17)	\$550
Late Registration (postmarked after 9/26/17)	\$570
Student (must submit a copy of school ID with registration)	\$295
Non-Member (includes 1-year NPWH membership)	\$615
Partial Attendance	
Active Member (per day)	\$325
Non-Member (per day; price does not include membership)	\$375
Non-Member/Inactive	
(per day; price includes 1-year NPWH membership)	\$425

Registration fees include all eligible meal functions, a CE Certificate of Attendance, and access to the NPWH E-Learning Portal for the recorded Pre-Conference and Main Conference sessions.

WORKSHOP FEES

Conference Participant	\$100
Student	\$75

WORKSHOP AND BREAKOUT SESSION REGISTRATION

Workshops and breakout session assignments are made on a first-come, firstserved basis, and are subject to change or to be closed due to room capacity. In order to ensure that you are able to attend the sessions that interest you most, we highly recommend that you register as early as possible.

IMPORTANT MESSAGE REGARDING SYMPOSIUM ATTENDANCE

If you have signed up to attend any breakfast, lunch, and/or dinner symposia but find that you cannot attend for any reason, please contact the NPWH Office in a timely manner to cancel your reservation.

HOW TO GET EMPLOYER SUPPORT

Conference attendees may consider trying to obtain employer support in covering all or part of the conference fees. This event is an ideal opportunity to stay up to date in the field of women's healthcare, to gain continuing education credit while doing so, and to network with women's healthcare practitioners from all over the country. The knowledge and skills gained at the conference can then be applied to patient care and to the organization of the practice or healthcare facility, which benefits not only the attendee but the employer as well.

METHOD OF PAYMENT FOR REGISTRATION FEE

Payment can be made by U.S. check/money order (payable to NPWH Conference) or by credit card—MasterCard, VISA, Discover, or American Express—only. A \$25 fee is charged for any returned check or declined credit card.

REFUNDS

A \$75 processing fee will be charged for cancellations received in writing by **September 11, 2017.** After September 11, 2017, only 50% of the registration fee will be refunded, and "no-shows" will not receive a refund. On-site cancellation of workshop participation will result in a 50% refund of the workshop fee.

AMERICANS WITH DISABILITIES ACT/DIETARY RESTRICTIONS

NPWH fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If you have any dietary restrictions and will be attending any of the meal functions, please let us know as soon as possible. NPWH will work with you to make sure your needs are met. If any participant in this education activity needs special accommodations, please contact info@npwh.org.

EQUAL OPPORTUNITY

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability, or age, as provided by law and in accordance with NPWH's respect for personal dignity.

For More Information

Contact Carol Wiley at NPWH: 202-543-9693, ext.4 Email: cwiley@npwh.org NPWH 505 C Street NE, Washington, DC 20002 Website: www.npwh.org

HOTEL RESERVATIONS

The official hotel of the 20th annual conference is The Sheraton Seattle Hotel, located at 1500 6th Ave, Seattle, WA 98101. The discounted conference room rate (single/double) is \$229, plus all applicable taxes. Complimentary Wi-Fi is included in the room rate. To make a reservation, you can call 1-888-627-7056 or book online at http://bit.ly/npwh2017. When making your reservations, be sure to mention the National Association of Nurse Practitioners in Women's Health to receive the discounted rate. Additional booking information can be found at www.npwh.org. **The cut-off date for the discounted rate is August 29, 2017**.

IMPORTANT HOTEL CANCELLATION INFORMATION

Reservations must be cancelled 30 days prior to arrival. Any cancellation inside of 30 days prior to arrival will charged 1 night room and tax penalty. Any requests to waive this penalty must be made through the conference planner. The hotel is not able to waive the fee directly. Guests who check out early (prior to the reserved check-out date) will be assessed one full night's room charge, plus applicable taxes.

 ${\bf Parking}$ at the hotel is \$39.34/day for valet service (tax included). There is no self-parking.

GROUND TRANSPORTATION

You can take a cab from the airport (SEA) to the hotel for approximately \$40-\$45 (not including gratuity). A cab ride takes 35-40 minutes from the airport to the hotel, depending on traffic. The airport also offers ride-sharing services (e.g., Uber, Lyft). SpeediShuttle Seattle provides shared ride transportation in Mercedes shuttles at a rate of \$15.99 one way, \$30.38 round trip (10% discount on return leg when booked together). Guests with prearranged arrival reservations are met in SeaTac's baggage claim area by an agent holding a tablet with the name "NPWH Annual Conference" and then directed to their waiting shuttle. Vehicle amenities include complimentary Wi-Fi, Speedi HDTV, seating for up to 11 guests, three-point seat restraints, adjustable headrests, roomy comfortable seats, and a large cargo area. The toll free number is 844-877-3334. Or log on to https://www.speedishuttleseattle.com/group-reservations?id=NPWH5677. The Light Rail is easy, costs \$3 each way, and lets you off a block block from the hotel (get off at Westlake). For more information log on to https://www.soundtransit.org/Schedules/Link-light-rail.

CLIMATE AND WARDROBE CONSIDERATIONS

Business casual is the accepted attire during conference activities. Sweaters and light jackets are recommended for cool meeting rooms and evenings.

CREDIT INFORMATION

This program has been approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health for 13.3 contact hours (up to 6.8 hours of Pharmacology). The pre-conference has been approved for 7.0 contact hours, including 3.5 hours of Pharmacology. The complimentary symposia and workshops offer up to 13.5 contact hours (up to 3.0 hours of Pharmacology).

The American Midwifery Certification Board accepts NPWH continuing education credit for midwives.