

Message from the CEO



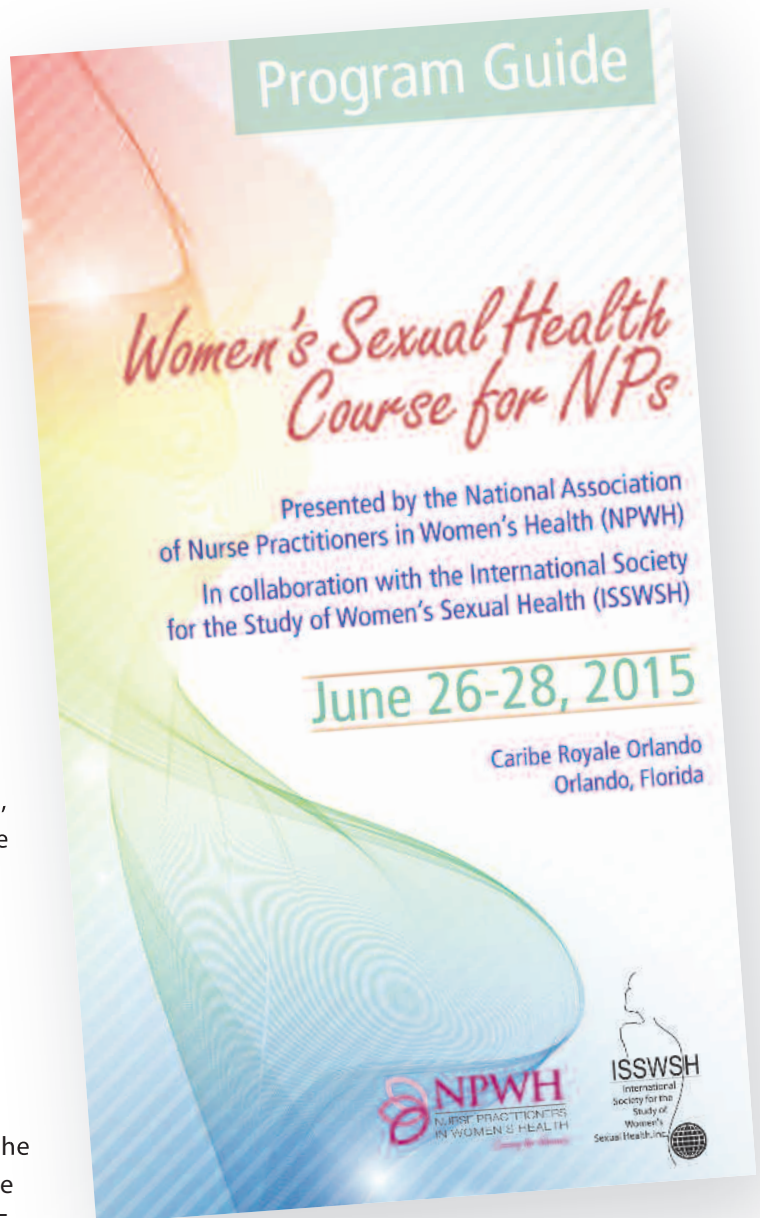
Gay Johnson

Spring has arrived in Washington, DC, and how welcome it is after the long, cold, snowy winter of 2015! The cherry blossoms were just beautiful this year (the blooms usually peak here in mid-April), and now we are looking forward to the sights and sounds of summer.

I have some exciting news to share: NPWH can now provide our current members with a complimentary print version of *Women's Healthcare: A Clinical Journal for NPs*, our quarterly journal, in addition to the online version. For those of you who have not yet joined NPWH, and for those of you who have not yet renewed your NPWH membership, we hope that this added benefit will encourage you to join us or renew your membership with us. We welcome your active participation in our association.

As I reported to you last August, our Women's Sexual Health Course for NPs, held in Dallas, Texas, in June 2014, was a huge success. This year, we are proud to offer the 2nd Annual Women's Sexual Health Course for NPs. The course will be held at the Caribe Royale Orlando in Orlando, Florida, on June 26-28, 2015. In collaboration with the International Society for the Study of Women's Sexual Health (ISSWSH), we have updated the course to provide you with the latest information. For your convenience, we are pleased to provide the program guide and registration information on the following pages. As a reminder, you will receive CE credits for the course, along with a Certificate of Completion (suitable for framing) that will document for patients, employers, and peers the knowledge you have gained in the area of women's sexual health. Space in the course is limited, so please register as soon as possible. You won't want to miss this informative and one-of-a-kind educational course!

– Gay Johnson
Chief Executive Officer, NPWH



NPWH and ISSWSH welcome you to the second annual Women's Sexual Health Course for NPs. We know that many of you see patients with female sexual dysfunction (FSD) and that once you have completed this course, you will be more confident in your ability to evaluate, diagnose, and manage FSD.

Educational Objectives

At the conclusion of the meeting, attendees should be able to:

- Interpret the current state-of-the-art knowledge in epidemiology, physiology, and pathophysiology of female sexual function and dysfunction
- Assess female sexual dysfunction using history and physical, psychometrically validated inventories, blood tests, neurological, and blood flow testing
- Apply medical, surgical, behavioral, and psychosocial treatments available for a woman with sexual dysfunction presenting in a community setting
- Distinguish when to treat a woman with sexual dysfunction in the office and when to refer her to a psychologist, physical therapist, or sexual medicine physician

Needs Statement

Female sexual problems are common in medical practice, and state-of-the-art diagnostic and management strategies are available for women. The purpose of this CE program is to provide nurse practitioners with up-to-date evidence and expert consensus on female sexual medicine, evaluation, and therapeutic strategies. We will address the necessary knowledge, required skills, and professionalism required for excellence in the current practice of sexual medicine.

Registration Information

Course Registration Fees

\$385 for Active NPWH or ISSWSH Members

\$425 for Non-Members

\$480 for Non-Members with 1 Year NPWH Membership

\$575 for Non-Members with 1 Year ISSWSH Membership

\$670 for Non-Members with 1 Year NPWH and ISSWSH Membership

Method of Payment for Registration Fee

Payment can be made by U.S. check, money order (payable to NPWH), or credit card—MasterCard, VISA, Discover, or American Express only. A \$25 fee is charged for any returned check or declined credit card.

Refunds

A \$50 processing fee will be charged for cancellations received in writing by May 27, 2015. After May 27, 2015, only 50% of the fee will be refunded, and "no-shows" will not receive a refund.

Accommodations

Caribe Royale Orlando 8101 World Center Drive, Orlando, Florida 32821 • 407-238-8000

Your discounted conference room rate is \$115 (plus applicable state and local sales tax, currently 12.5%). The deadline to receive discounted room rate is Tuesday, June 2, 2015.

Call 1-888-258-7501 to arrange your hotel reservations and mention Nurse Practitioners in Women's Health for the special group rate.

You can also book online at <http://bit.ly/1CM0Qpq>

Complimentary parking will be available for all course attendees.

Hotel Early Departure Policy: Any individual wishing to change their departure day may do so up until the time of check-in without any fee. Any departure changes after this point will be subject to the hotel's standard early departure fee of \$50.

Airport and Ground Transportation Information

Orlando Airport (MCO)

Travel Distance: Approximately 17 miles

Mears Transportation Fee: Approximately \$22 USD one way; \$36 USD round trip. Contact: 407-423-5566 or go to

<http://bit.ly/1KGdbuv> for Advanced Reservation

Taxi Fee: Approximately \$46 USD

Americans with Disabilities Act/ Dietary Restrictions

NPWH fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof.

If you have dietary restrictions and plan to attend any of the meal functions, please let us know as soon as possible. NPWH will work with you to make sure your needs are met. If you are in need of any other special accommodations, please contact Carol Wiley at cwiley@npwh.org.

Equal Opportunity

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability or age, as provided by law and in accordance with NPWH's respect for personal dignity.

Credit Information

This program has been approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health for 21.25 contact hours, which includes 5.5 hours of pharmacology. In addition to CE contact hours, attendees will receive a Certificate of Completion for the Women's Sexual Health Course. The Certificate will document for patients, employers, and peers the knowledge gained in Women's Sexual Health.

For Questions Regarding Registration

Contact Carol Wiley at NPWH:

202-543-9693, ext.4

Email: cwiley@npwh.org

Website: www.npwh.org

505 C St. NE

Washington, DC 20002

2015 NPWH Women's Sexual Health Course Schedule

Friday, June 26, 2015

Registration opens at 8:00 am

9:30 am – 9:40 am

Welcome/Introduction

Irwin Goldstein, MD, IF, President-Elect ISSWSH & Gay Johnson, CEO, NPWH

9:40 am – 11:55 am

Sexual Pain Mini-Course

9:40 am – 10:25 am

Epidemiology / Models / Classification

Sheryl Kingsberg, PhD, IF

10:25am – 11:10am

Sexual History / Psychological and Psychosocial History/ Screening Questionnaires (including role play of a couples interview)

Sheryl Kingsberg, PhD, IF

11:10 am – 11:40 am

Normal Anatomy and Physiology of the Female Reproductive Tract

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

11:40 am – 11:55 am – Q&A

11:55 am – 12:55 Lunch in Exhibit Hall

12:55 pm – 2:25 pm

Hormones and Health

12:55 pm – 1:40 pm

Hormonal Therapy: Estrogens and Progestogens

Irwin Goldstein, MD, IF

1:40 pm - 2:25 pm

Androgen Treatment Guidelines and Safety Concerns

Irwin Goldstein, MD, IF

2:25 pm – 4:50 pm

Sexual Pain Mini-Course

2:25 pm – 2:45 pm

Prevalence and Causes of Dyspareunia

Catherine Gagnon, CNP

2:45 pm – 3:45 pm

Physical Exam, Vulvoscopy, Labs, and Pelvic Floor Physical Therapy

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

3:45 pm – 4:00 pm — Break/Exhibits

4:00 pm – 4:30 pm

Treatment of Dyspareunia: Medical

Catherine Gagnon, CNP

4:30 pm – 4:40 pm

Treatment of Dyspareunia: Surgical, Including VAT

Irwin Goldstein, MD, IF

4:40 pm – 4:50 pm

Patient's Story

4:50 pm – 5:00 pm – Q&A

5:00 pm – 5:30 pm

GSM, Menopause, QOL

Sheryl Kingsberg, PhD, IF

5:30 pm – 6:00 pm

Cancer Treatment and Sexuality

Brooke Faught, MSN, WHNP-BC, IF

6:00 pm – 6:30 pm

"The Big C" Cancer and Hormone Use

Brooke Faught, MSN, WHNP-BC, IF

6:30 pm – 7:00 pm – Q&A

7:00 pm – 7:45 pm

Welcome Reception in Exhibit Hall

Saturday, June 27, 2015

7:00 am – 8:00 am

Continental Breakfast in Exhibit Hall

8:00 am – 8:30 am

Issues in Sexual Health Specific to LGBT

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

8:30 am – 9:00 am

Contraceptive and Sexual Function

Catherine Gagnon, CNP

9:00 am – 9:30 am

Gynecologic Conditions and Sexual Dysfunction

Brooke Faught, MSN, WHNP-BC, IF

9:30 am – 10:00 am

Sexual Health in Pregnancy and Post-Partum

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

10:00 am – 10:15 am – Break/Exhibits

10:15 am – 10:45 am

HPV, VIN, and Vulvar Disease

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

10:45 am – 11:15 am

Vulvar Dermatoses

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

11:15 am – 11:45 am

Alternative Sexual Practices

Brooke Faught, MSN, WHNP-BC, IF

11:45 am – 12:00 pm – Q&A

12:00 pm – 1:00 pm — Lunch in Exhibit Hall

1:00 pm – 2:25 pm

HSDD/Arousal Disorder/Orgasm Disorder Mini-Course

1:00 pm – 1:20 pm

Prevalence and Causes of HSDD/Arousal/Orgasmic Disorders

Brooke Faught, MSN, WHNP-BC, IF

1:20 pm – 1:40 pm

Physical Exam, QST, Vulvoscopy, Pelvic Floor, Labs

Catherine Gagnon, CNP

1:40 pm – 2:25 pm

Treatment of HSDD, Arousal and Orgasmic Disorders

Irwin Goldstein, MD, IF

2:25 pm – 2:50 pm – Q&A

2:50 pm – 3:10 – Break/Exhibits

3:10 pm – 6:00 pm – Breakout Session 1

All participants will rotate through the topics listed below; each will be 30 minutes long. (3:10-3:40, 3:45-4:15, 4:20-4:50, 4:55-5:25, 5:30-6:00)

Station 1: Sexual Enhancers: Moisturizers, Lubricants, and Accessories

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

Station 2: Vulvoscopy

Catherine Gagnon, CNP

Station 3: Clinical Cases (Pain)

Irwin Goldstein, MD, IF

Station 4: Clinical Cases (HSDD)

Brooke Faught, MSN, WHNP-BC, IF

Station 5: Sexual Health Counseling and Communication

Skill Building: Ask-Tell-Ask

Sheryl Kingsberg, PhD, IF

Sunday, June 28, 2015

7:00 am – 8:00 am – Continental Breakfast

8:00 am – 9:00 am

Persistent Genital Arousal Disorder (PGAD)

8:00 am – 8:30 am

Prevalence and Theoretical Causes of PGAD

Catherine Gagnon, CNP

8:30 am – 9:00 am

Medical and Surgical Treatments of PGAD

Irwin Goldstein, MD, IF

9:00 am – 9:30 am

Experimental Therapies and Future Research for FSD

Irwin Goldstein, MD, IF

9:30 am – 9:45 am — Break

9:45 am – 10:30 am

Coding

Brooke Faught, MSN, WHNP-BC, IF

10:30 am – 11:10 am

Discussion Panel on Labs and Hormone Treatment

Moderator: Irwin Goldstein, MD, IF

Panel Members: Catherine Gagnon, CNP; Brooke Faught, MSN,

WHNP-BC, IF; and Susan Kellogg-Spadt, PhD, CRNP, IF, CST

11:10 am – 11:50 am – Final Q & A

11:50 am – 12:00 pm

Conclusion and Course Wrap-up

2015 Planning Committee

Brooke Faught, MSN, WHNP-BC, IF

Catherine Gagnon, CNP

Irwin Goldstein, MD, IF

Sue Goldstein, BA, CCRC, IF

Gay Johnson, BA, Chief Executive Officer, NPWH

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

Susan Rawlins, RN, MS, WHNP-BC

Join NPWH

and receive these membership benefits:

- Representation in Washington, DC to voice women's health issues
- Complimentary subscription to Women's Healthcare: A Clinical Journal for NPs
- Numerous continuing education activities for CE credit
- Weekly E-News Brief
- Searchable NP database
- Access to clinical publications
- Discounted NPWH Conference Fees

Visit www.npwh.org to become a member today!

Join ISSWSH

and receive these membership benefits:

- Excellent scientific programs, as well as instructional courses
- Reduced meeting registration fees
- Access to ISSWSHNET – the premier email discussion list for talking about and understanding women's sexual health issues
- Access to the online, members-only section, which includes a searchable directory, archive of your continuing education with ISSWSH, archive of your dues history and access to the ISSWSH bulletin board
- Discounted journal rates to The Journal of Sexual Medicine and Sexual Medicine Reviews
- Find a Provider – this feature is a public search tool that will allow you to extend your expertise and knowledge of women's sexual health to patients seeking a provider as well as other healthcare providers looking to refer their patients to a specialist

Visit www.isswsh.org to become a member today!

Distinguished 2014 Faculty

Brooke Faught, MSN, WHNP-BC, IF

Clinical Director, Women's Institute for Sexual Health (WISH)
Nashville, Tennessee

Catherine Gagnon, CNP

Nurse Practitioner, San Diego Sexual Medicine
San Diego, California

Irwin Goldstein, MD, IF

Director of Sexual Medicine, Alvarado Hospital
Clinical Professor of Surgery, University of California San Diego
Director, San Diego Sexual Medicine
San Diego, California

Susan Kellogg-Spadt PhD, CRNP, IF, CST

Director of Female Sexual Medicine, Academic Urology
Professor of Human Sexuality, Widener University
Professor of OBGYN, Drexel University College of Medicine
Philadelphia, Pennsylvania

Sheryl Kingsberg, PhD, IF

Chief, Division of Behavioral Medicine, Department of OB/GYN
University Hospitals Case Medical Center/MacDonald
Women's Hospital
Professor of Reproductive Biology and Psychiatry,
Case Western Reserve University School of Medicine
Cleveland, Ohio

You can register for the conference by visiting www.npwh.org or by filling out the form below and returning with payment.

Please complete entire application & fax to*: **(202) 543-9858 or**
 Scan and email to*: Cwiley@npwh.org **or**
 Mail to:
NPWH – Women’s Sexual Health Conference
Attn: Carol Wiley
505 C Street, NE, Washington, D.C. 20002
 *Only credit card payments will be accepted for faxed and emailed applications.

This course is designed for practicing NPs. If you are an NP student you are not eligible to register for the course.

Registration Form (Please Print)

Name _____ Credentials _____
 Address _____
 City _____ State _____ Zip _____
 Phone (____) _____ Work (____) _____ Fax (____) _____
 Email _____

NPWH Member? Yes _____ Expiration Date _____ No _____

ISSWSH Member? Yes _____ Expiration Date _____ No _____

(All membership(s) will be verified.)

Do you work in Primary Care? Yes _____ No _____

Area of NP Preparation _____ Last 4 Digits of SS# _____

Registration Fees: (Fees include all sessions and all days of the course.)

- NPWH or ISSWSH Member Fee \$385
- Non-Member Fee \$425
- Non-Member with 1 Year NPWH Membership \$480
- Non-Member with 1 Year ISSWSH Membership \$575
- Non-Member with 1 Year NPWH & ISSWSH Membership \$670

Total Amount Paid \$ _____

Method of Payment

- U.S. Check or Money Order Enclosed (made payable to NPWH)
- VISA MasterCard Discover AMEX

Card Number: _____ Exp. Date _____

Card Holder Name (please print) _____

Card Holder Phone Number: _____

Card Holder Signature _____

Save the Dates for

NPWH 18th Annual Clinical Conference
 October 14-17, 2015 in Salt Lake City, Utah

ISSWSH Fall Course

October 9-11, 2015 in Scottsdale, Arizona