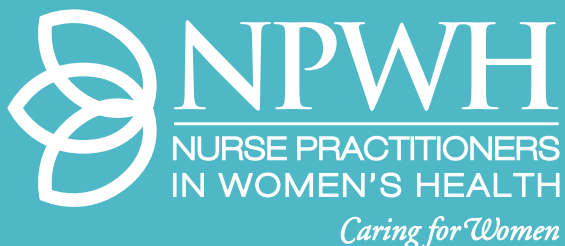


21st Annual NPWH *Premier* Women's Healthcare Conference

Program Guide



October 10–13, 2018

JW Marriott San Antonio Hill Country
San Antonio, Texas

The National Association of Nurse Practitioners in Women's Health (NPWH) is a dynamic professional membership organization focused on women's healthcare. As the healthcare landscape changes and evolves, NPWH continues to support the professional development and lifelong learning of nurse practitioners, nurse midwives, and all other clinicians who provide care to women and to advocate for sound public policies that improve women's health. Clinicians who attend the NPWH 21st Annual *Premier Women's Healthcare Conference* will gain the in-depth knowledge and specialized skills needed to provide high-quality healthcare to women of all ages.

Please join us in San Antonio, Texas, to learn about state-of-the-art developments in women's health, network with colleagues, and share our collective goal of providing quality healthcare to women.



The National Association of Nurse Practitioners in Women's Health's mission is to ensure the provision of quality primary and specialty healthcare to women of all ages by women's health and women's health-focused nurse practitioners. Our mission includes protecting and promoting a woman's right to make her own choices regarding her health within the context of her personal, religious, cultural, and family beliefs.

Learning Objectives

At the conclusion of this conference, participants will understand current clinical trends and use evidence-based research and national guidelines to:

1. Identify and address current topics in women's health, including:
 - a. Updates on contraception, colposcopy, and women's sexual health
 - b. Environmental impact on women's health
 - c. Men's reproductive health care needs
 - d. WHNPs in acute care settings
 - e. Women's mental health
 - f. Evolving well woman visit
2. Incorporate essential primary care skills into women's health practice
3. Update pharmacologic knowledge to manage problems in women's health
4. Update knowledge about and professional development of the NP role, including:
 - a. Presenting at conferences
 - b. Contract negotiations
 - c. Policy pearls for women's health
5. Identify and manage problems during the childbearing years, including:
 - a. Breastfeeding & postpartum health
 - b. Maternal mortality
 - c. Prenatal care
6. Increase clinical skills through in-depth workshops, including:
 - a. Gyn procedures
 - b. IUD insertion
 - c. Pelvic floor assessment and interventions
 - d. Transgender healthcare

Pre-Conference – Wednesday, October 10, 2018

7:15am – 8:00am | Registration/Continental Breakfast

8:00am – 12:00pm | Sexual Health

3.5 CE; 1.5 Rx; NCC Code 1

Brooke M. Faught, DNP, WHNP-BC, IF
Susan Kellogg-Spadt, PhD, CRNP, IF, CST

This four hour pre-conference will cover sensitive topics in sexual medicine by two sexual medicine experts. Content will include sexual history taking, alternative sexual practices, normalizing the use of sexual aids and toys, sexuality in LGBTQI patients, and addressing unrealistic expectations in sexual medicine.

12:00pm – 1:00pm | Lunch

1:00pm – 5:00pm | Pharmacology Across the Lifespan

3.5 CE; 3.5 Rx; NCC Code 4

Mary C. Brucker, CNM, PhD, FACNM, FAAN
Heidi C. Fantasia, PhD, RN, WHNP-BC

This workshop will address common pharmaceutical agents used in the delivery of care to women today, especially by Women's Health Nurse Practitioners. Recent issues in the areas of general pharmacology with a focus on care of women, as well discussion of specific pharmacologic interventions for women who are pregnant, contracepting, or perimenopausal will be included. Content will include discussion of appropriate use of opioid drugs, changes in labeling for prescription drugs, and management of care for women using antidepressants.

5:30pm – 6:45p | Welcome Reception in Exhibit Hall

7:15pm – 8:45pm | COMPLIMENTARY DINNER PRODUCT THEATER

Non-CE

Registration Required

Day 1 – Thursday, October 11, 2018

7:00am – 8:00am

Registration/Continental Breakfast/Exhibits

8:00am – 8:30am

Welcome and Business Meeting

8:30am – 9:30am

KEYNOTE ADDRESS

An Epidemic of HPV Cancers: What You Can Do to Protect Our Boys and Girls

1.0 CE; NCC Code 2A

Lois M. Ramondetta, MD
Holly Lawson

9:35am – 10:20am

Medical Marijuana in Women's Health:
The Stakes are Getting Higher

0.75 CE; 0.75Rx; NCC Code 4

Laura Borgelt, PharmD, FCCP, BCPS

10:25am – 11:10am

Insomnia

0.75 CE; NCC Code 2C

Wendy L. Wright, MS, APRN, ANP-BC, FNP-BC, FAANP, FAAN

11:10am – 12:20pm

Exhibits/Posters

1.15 CE; NCC Code 5

12:20pm – 1:50pm

COMPLIMENTARY CE LUNCH SYMPOSIUM

1.0 CE

Registration Required

1:55pm – 2:15pm

Inspiration in Women's Health Awards

2:20pm – 3:05pm

Maternal Mortality: Where Do We Go From Here?

0.75 CE; NCC Code 2B

Cornelia R. Graves, MD

3:10pm – 3:55pm

Clinical Management of Dilemmas in Contraception

0.75 CE; NCC Code 2A

Michael Policar, MD, MPH

4:00pm – 4:45pm

Postpartum Window to Women's Wellness

0.75 CE; NCC Code 1

Haywood Brown, MD

4:50pm – 5:35pm

Joint Opioid Task Force: A Public-Private Collaborative
Seeking to Decrease Opioid Overdose Deaths in Bexar
County, Texas

0.75 CE; NCC Code 2C

Colleen M. Bridger, MPH, PhD

6:00pm – 8:00pm

COMPLIMENTARY CE DINNER SYMPOSIUM

1.5 CE; 0.75 Rx; NCC Code 2A

Registration Required

Day 2 – Friday, October 12, 2018

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period.

7:00am – 8:00am

Registration/Continental Breakfast/Exhibits

8:00am – 9:15am

A. Pregnant and No Platelets

0.5 Rx; NCC Code 2B

Shivani Patel, MD

We will discuss the pathophysiology of thrombocytopenia in pregnancy. Etiologies of thrombocytopenia, both pregnancy-related and non-pregnancy related, will be reviewed. Treatment options will be discussed.

B. Colposcopy Case Studies

NCC Code 3

Mary Rubin, PhD, WHNP-BC, FAANP

This session will offer the opportunity to discuss cytologic findings, view colposcopic images, review the histologic results, and discuss appropriate management of recent new cases.

C. Bacterial Vaginosis

0.5 Rx; NCC Code 2A

Brooke Faught, DNP, WHNP-BC, IF

This breakout session will cover the topic of bacterial vaginosis including pathophysiology of the condition and updates in current treatment options.

D. WHNP as Hospitalists? A Not-So-New Emerging Role

NCC Code 5

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC
Melissa Portell, WHNP

Most WHNPs work in various outpatient settings. But over the past fifteen years, the role of the WHNP hospitalist has become more popular. This session will highlight the role of the WHNP in the in-patient setting.

E. 2017 Hypertension Guideline: Focus on CVD Risk Reduction

1.25 Rx; NCC Code 4

Lynne T. Braun, PhD, CNP, FAHA, FAANP, FPCNA, FNLA, FAAN

This workshop will discuss the 2017 ACC/AHA hypertension guideline with a specific focus on cardiovascular risk reduction. We will discuss the rationale for the new blood pressure target, tailored treatment with lifestyle and medication, and strategies to improve patient adherence.

Day 2 – Friday, October 12, 2018

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period.

9:25am – 10:40am

F. Diabetes in Pregnancy: What is Going On?

0.5 Rx; NCC Code 2C

Cornelia Graves, MD

Although diabetes affects men and women in equal numbers, the burden of the disease is unique in women. Women with diabetes are at increased risk for other chronic health problems as well as reproductive health concerns. This session will provide updated information about the impact of diabetes on women and best practices for management.

G. What is This? Cutaneous/Updates on STIs

0.5 Rx; NCC Code 2A

Shelagh Larson, DNP, WHNP, NCMP

Have you ever had a patient with a rash, conjunctivitis, or sore throat that just didn't look right? That could be chlamydia in the eye; gonorrhea in the throat. In this session you will learn the other, sometimes missed presentations of sexually transmitted infections.

H. Nurses Step up to the Plate: Take Action on Issues Relating to Health and Environmental Exposures

NCC Code 2C

Sandy Worthington, MSN, RN, WHNP

The environment is everywhere around us - the air we breathe, the water we drink and use, and the food we consume. It's also the chemicals, radiation, microbes, and physical forces with which we come in contact. Our interactions with the environment are complex and are not always healthy. Nurses are the largest healthcare occupation and a trusted source of information. We can make a difference in helping women and their families live in healthier environments.

I. Gynecologic Ultrasound

NCC Code 3

Many common GYN problems require ultrasonography to verify a diagnosis and direct best management. This session will help clinicians to determine the most accurate ultrasound to order for specific problems and to identify normal and abnormal imaging characteristics of the ovaries and uterus and differentiate commonly seen pathology.

J. PODIUM PRESENTATIONS

1.25 Rx

Maternal Mortality and Failure to Rescue: Implications for Women's Health Practitioners

Peggy Mancuso, PhD, CNM (Ret), RN

Associate Dean for Research & Clinical Scholarship
College of Nursing, Texas Woman's University
Denton, Texas

Elizabeth Restrepo, PhD, RN

Associate Clinical Professor
Texas Woman's University
Denton, Texas

Fuqin Liu, PhD, RN

Associate Professor
Texas Woman's University
Denton, Texas

Patti Hamilton, PhD

Professor Emerita
Texas Woman's University
Denton, Texas

Predictors of Physical and Sexual Violence Screening at College Health Centers

Heidi Collins Fantasia, PhD, RN, WHNP-BC

Associate Professor, University of Massachusetts Lowell
Susan and Alan Solomont School of Nursing
Zuckerberg College of Health Sciences
Lowell, Massachusetts

Melissa A. Sutherland, PhD, FNP-BC

Professor, Decker School of Nursing
Binghamton University
State University of New York
Binghamton, New York

Self-Collected Vaginal Swabs for Sexually Transmitted Infections and Vaginitis Screening

Robyn R. Fuller, DNP, ARNP, FNP-C

Nurse Practitioner
Swedish Health Services
Kirkland, Washington

What Single Midlife Women Think About and Do to Protect Their Sexual Health

Kimberly C. Hart, PhD, MSN, WHNP-BC

University of Missouri-Columbia
Sinclair School of Nursing, Graduate 2018
Columbia, Missouri

Martha Enriquez, PhD, RN, ANP-BC, FAAN

Associate Professor
University of Missouri-Columbia
Sinclair School of Nursing
Columbia, Missouri

An-Lin Cheng, PhD

Associate Professor
University of Missouri-Kansas City
Director of Research, Dept. of Biomedical & Health Informatics
Kansas City, Missouri

10:45am – 11:55am

Lunch/Exhibits

12:00pm – 1:15pm

K. Promoting Safe Motherhood: Preventing and Managing Postpartum Hemorrhage

NCC Code 2B

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC

Review of the American College of Obstetricians and Gynecologists (ACOG) Maternal Safety Bundle for Obstetric Hemorrhage.

L. The Evolving Well Woman Visit

NCC Code 1

Michael Policar, MD, MPH

The content of well woman visits has undergone significant changes in the past 5 years, with fewer "routine tests" and more shared decision making. This session will focus on recent modifications in national guidelines for breast and cervical cancer screening, STI screening, and reproductive intentions counseling.

M. Perinatal Mood and Anxiety Disorders: Clinical Management and Challenges

0.5 Rx; NCC Code 2C

Lorraine Byrnes, PhD, PMHNP-BC, FNP-BC, CNM, FAANP

The purpose of this session is to provide an overview of the clinical management and challenges to diagnosing and treating perinatal mood and anxiety disorders.

Day 2 – Friday, October 12, 2018

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period.

N. Cervical Cancer over Age 65

NCC Code 2A

Even though incidence rates of cervical cancer are going down, the absolute number of cancer cases is not significantly decreasing in women who are age 65 or over. This may be because the overall number of women in this age group is increasing. This session will present considerations in cervical cancer screening recommendations and suggestions for additional research.

O. Key Issues in Women's Health Policy

NCC Code 5

Susan Kendig, JD, MSN, WHNP-BC, FAANP

This presentation is designed to provide an overview of the emerging issues in health policy, and their potential impact on women's health and health care delivery.

1:25pm – 2:40pm

P. 40 Tips for 40 Weeks: Updates in Prenatal Care

NCC Code 1

Eva Fried, DNP, WHNP

This session will review updates in recommendations and guidelines for prenatal care including preconception health, immunization, testing, nutrition, and anticipatory guidance. Where evidence exists, all of the above will be addressed through a personalized care approach that includes attention to the pregnant person's gender identity, sexual orientation, race, and ethnicity.

Q. Pessary Use Simplified: A New Look at an Old Device

NCC Code 2A

Helen Carcio, MS, MEd, ANP-BC

A pessary is a thing of beauty! Its use has been around since before the days of Cleopatra, falling in and out of favor over the years. Today there is a resurgence in the demand for pessaries, especially among baby boomers who desire a temporary, "low-tech", non-surgical approach. Clinician must be poised to meet this demand. Two barriers to its use will be addressed: the perception that there is a slow "learning curve" in the fitting process and the "burden of over choice" with too many pessaries to choose from. We will look at two types of pessaries, the ring and the gelhorn. With this simplified approach you can quickly develop confidence when offering it to women. A pessary helps reduce bothersome symptoms of prolapse, makes performing Kegel exercises more effective, and eliminates incontinence. Reimbursements are high.

R. Attacking the #1 Cancer Killer of Women: Lung Cancer Screening and Tobacco Treatment

1.25 Rx; NCC Code 2C

Alexis Paulson, MSN, APRN, WHNP-BC, TTS

This session will provide information on lung cancer screening with low-dose computed tomography including benefits, risks, evidence, requirements, and management of results. Current tobacco treatment methods will also be discussed.

S. Menstrual Policies – Disparities and Demystifying

NCC Code 5

Jennifer Weiss-Wolf, JD

A new, high-profile movement has emerged in the U.S. — one dedicated to bold activism, smart policy advocacy, and creative product innovation — to address the centrality of menstruation in relation to core issues of gender equality and equity. Jennifer Weiss-Wolf, leading menstrual advocate and author of *Periods Gone Public: Taking a Stand for Menstrual Equity*, will join us to share her firsthand account of how and why periods have become a prominent political cause, and what's next for this agenda.

T. Identification and Treatment of Female Victims of Human Trafficking

NCC Code 2A

Ashley L. Hodges, PhD, CRNP, WHNP-BC

Human trafficking is believed to be the third-largest criminal activity in the world. It is a form of human slavery and includes forced labor, domestic servitude, and commercial sex trafficking. This session will help nurse practitioners to screen, identify, and assist victims of trafficking in a clinical setting and to help these women and girls access legal and social services.

2:50pm – 4:05pm

U. The Milky Way: Breastfeeding Cases

NCC Code 1

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC

Clinical case studies highlighting common breastfeeding issues that women's health nurse practitioners may encounter in both outpatient and inpatient settings.

V. Opioid Use and Safe Prescribing for Women

1.25 Rx; NCC Code 3

Heidi C. Fantasia, PhD, RN, WHNP-BC

This session will review the role of opioids for the management of acute and chronic pain conditions among women. Opioid pharmacology, current formulations, titration of doses, and risks and benefits of opioid use for women will be reviewed. Strategies for safe opioid prescribing, identification of opioid misuse, and harm reduction will be discussed.

W. Men's Sexual Health: What WHNPs Need to Know

NCC Code 2A

Randee L. Masciola, DNP, APRN-CNP, WHNP-BC

Are you clear on the WHNP's scope of practice regarding men's sexual health? Did your WHNP educational program include content on men's sexual health? Has it been awhile since you received this content and feel like you may need a refresher? This breakout session will review the scope of practice of this population for WHNPs, as well as content knowledge, diagnoses and management for common men's sexual and reproductive health issues.

X. CLINICAL PRESENTATIONS

NCC Code 1

Postpartum Strong – From the Inside Out

Cora Huitt, PT, DPT, MACT, BSC-PMD, IF

The session will highlight signs and symptoms as well as treatment suggestions for pelvic floor muscles that have increased muscle tension or hypotension, incontinence, pelvic pain, prolapse, diastasis, and pelvic congestion/constipation. Tissue healing/time for intercourse, hormones, and lubrication will also be addressed.

The Benefits of Yoga for Pregnancy and Postpartum

Sandi Tenfelde, PhD, RN, WHNP-BC, YTT

Many women are seeking ways to be healthier during pregnancy and postpartum. The practice of yoga has been growing in popularity within the United States and current evidence suggests benefits for women during pregnancy and the postpartum period. Clinicians attending this presentation will learn more about the practice of yoga, critically review the current evidence to support this practice, learn helpful hints to work with their patients, and recognize contraindications to practicing yoga when pregnant.

Y. CLINICAL PRESENTATIONS

NCC Code 2A

#MeToo Movement: #WeCare Response – Addressing Reproductive Coercion and Sexual Violence in Women's Health Care

Denise Long, DNP, RN, WHNP-BC, CNE

The #MeToo movement has reminded us of the significant incidence of sexual coercion in our culture today. Sexual violence, in any form, can negatively impact the health and well-being of our patients. Many of

Day 2 – Friday, October 12, 2018

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period.

us working in women's health have little formal education in this area and yet, will care for patients experiencing reproductive or other sexual coercion. This session will share evidence-based strategies to support your practice in identifying patients who are experiencing reproductive or other sexual coercion and how you can help meet their unique needs. Topics include the development of policies/protocols, use of screening tools, and how to respond to a positive screen.

Case Studies in Cervical Cancer Screening and Prevention

Rebecca Norwick, APRN, DNP, FBP-BC, BC-ADM

Cervical cancer prevention is a cornerstone of the primary care of women by nurse practitioners. The American Society for Colposcopy and Cervical Pathology (ASCCP) 2012 algorithms can be tricky even for experienced clinicians. The interim guidance regarding the use of human papillomavirus testing for cervical cancer screening in 2015 did not make it any easier. This session will walk clinicians step-by-step through the guidelines with case-study after case-study. We will read actual cytology, histology, and pathology results together in this very interactive presentation.

6:00pm

NPWH will offer attendees complimentary roundtrip transportation from the JW Marriott to the famous San Antonio Riverwalk on Friday night. Please indicate on the registration form if you plan to attend. More information will be available onsite.

Day 3 – Saturday, October 13, 2018

7:00am – 9:00am

Registration

7:15am – 8:45am

COMPLIMENTARY BREAKFAST - PRODUCT THEATER

Innovations in the Treatment of BV: A Complete Course of Therapy in a Single Oral Dose

Join us to explore the scope, impact, and unmet needs of bacterial vaginosis (BV). The speaker will examine current theories of BV pathogenesis along with diagnostic criteria and methods, review current US treatments, and present an oral, single-dose option approved by the FDA for treatment of BV in adult women. This Product Theater, its content, and presenter, are paid and sponsored by Lupin Pharmaceuticals, Inc.

Non-CE

Registration required

9:00am – 12:00pm

WORKSHOPS

1. Office Gynecology Procedures

3.0 CE; NCC Code 3

Aimee Chism Holland, DNP, WHNP-BC, FNP-BC, FAANP

Participants will be educated about safe and accurate steps specific to performing five different office gynecology procedures. Simulated models will be provided for participants to practice each skill. The session includes these office gynecology procedures: endometrial biopsy, incision and drainage of a Bartholin gland abscess with Word catheter placement, vulvar biopsy, endocervical polypectomy, and treatment of genital warts with trichloroacetic acid. A certification of completion will be provided to participants.

Limited to 100 registered attendees

2. Intrauterine Contraception – The Fabulous Five

3.0 CE; NCC Code 3

Susan Rawlins, MS, APRN, WHNP-BC

Suzanne Reiter, MSN, MM, WHNP-BC, FAANP

This workshop will provide clinicians with skill-building clinical pearls for successful insertion of the five available IUCs.

Limited to 50 registered attendees

3. You Can Do It! How to Provide Gender-Affirming Care for your Transgender and Gender Non-Conforming Patients

3.0 CE; NCC Code 2A

Jennifer Demma, MSN, APRN-CNM

Michelle Schramm, APN, MSN, WHNP-BC

In this three hour interactive workshop you will learn best practices and guidelines for providing sexual and reproductive health care and gender affirming therapies for individuals who identify as transgender or gender non-conforming. You will walk away with knowledge and tools to take back to your practice to feel confident and competent in providing care for these populations.

4. An Innovative Approach to the Diagnosis & Management of Pelvic Health Problems – the NP Way!

3.0 CE; NCC Code 2A

Helen Carcio, MS, MEd, ANP-BC

It is imperative that the nurse practitioners of today integrate an innovative pelvic health focus into their daily practice. Good pelvic health is important since it affects many different aspect of women's health problems including incontinence, pelvic pain, GSM and sexual complaints. This exciting and comprehensive workshop will provide the tools necessary to identify those women at risk, (from the postpartum to the expanding population of baby boomers), differentiate among common pelvic disorders, learn important new techniques including the performance of a focused pelvic exam, identification of parabasal cells on a wet mount, digital assessment of the pelvic floor muscles and simple cystometrogram techniques. Steps in performing pelvic floor rehabilitation and electrical stimulation will be introduced. Beginning strategies in establishing a pelvic health specialty practice will be reviewed. Educational materials will be included which may be customized for each individual practice. The strategies presented should become part of the armamentarium of every NP whether practicing in primary care or women's health. Reimbursement strategies will be reviewed to demonstrate not only the practitioner's clinical competency and caring but also their financial worth.

5. Nexplanon® Training

Non-CE

During the clinical program for Nexplanon (etonogestral implant), you will receive hands-on training for insertion and removal procedures, as well as learn implant localization techniques. Completion of this course will allow you to order the product from authorized distributors. This session, which is authorized by Merck, is not accredited for continuing education credit. The training is open only to advanced practice clinicians with furnishing numbers of prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Participants are expected to attend the entire training session, which is approximately 3 hours in duration. Certificates of attendance will not be issued for persons who arrive late or leave early.

Limited to 30 registered attendees

Day 3 – Saturday, October 13, 2018

6. Where Professional Development Can Take You – Exploring Opportunities

3.0 CE NCC Code 5

Beth Kelsey, EdD, APRN, WHNP-BC, FAANP
Susan Kendig, JD, MSN, WHNP-BC, FAANP

Professional development topics are often only briefly covered in NP education. Whether you are a new graduate or a more seasoned NP, now might be the time to think about next steps in your career. In this interactive workshop we will provide the opportunity to discuss

a variety of avenues for professional growth. Plan to attend this workshop if you are interested in exploring the world of presenting at conferences, negotiating a contract for a new employment opportunity, becoming active in policy and advocacy, and/or becoming involved in the creation of NPWH position statements.

12:00pm

Adjourn

Registration Information

PRE-CONFERENCE REGISTRATION FEES

Conference Participant	\$245
Non-Conference Participant	\$270
Student	\$145

MAIN CONFERENCE REGISTRATION FEES

Active Member

Early Registration (<i>must be postmarked by 9/5/18</i>)	\$500
Regular Registration (<i>must be postmarked by 9/26/18</i>)	\$550
Late Registration (<i>postmarked after 9/26/18</i>)	\$570
Student (<i>must submit a copy of school ID with registration</i>)	\$295
Non-Member (<i>includes 1-year NPWH membership</i>)	\$615

Partial Attendance

Active Member (<i>per day</i>)	\$325
Non-Member (<i>per day; price does not include membership</i>)	\$375
Non-Member/Inactive (<i>per day; price includes 1-year NPWH membership</i>)	\$425

Registration fees include all eligible meal functions, a CE Certificate of Attendance, and access to the NPWH E-Learning Portal for the recorded Pre-Conference and Main Conference sessions.

WORKSHOP FEES (Workshops 1 & 2 Only)

Conference Participant	\$100
Student	\$75

CONFERENCE ADD-ONS

Zumba	\$20
Guest fee for Riverwalk transportation (free for attendees)	\$20

WORKSHOP AND BREAKOUT SESSION REGISTRATION

Workshops and breakout session assignments are made on a first-come, first-served basis, and are subject to change or to be closed due to room capacity. In order to ensure that you are able to attend the sessions that interest you most, we highly recommend that you register as early as possible.

IMPORTANT MESSAGE REGARDING SYMPOSIA ATTENDANCE

If you have signed up to attend any breakfast, lunch, and/or dinner symposia but find that you cannot attend for any reason, please contact the NPWH Office in a timely manner to cancel your reservation.

HOW TO GET EMPLOYER SUPPORT

Conference attendees may consider trying to obtain employer support in covering all or part of the conference fees. This event is an ideal opportunity to stay up to date in the field of women's healthcare, to gain continuing education credit while doing so, and to network with women's healthcare practitioners from all over the country. The knowledge and skills gained at the conference can then be applied to patient care and to the organization of the practice or healthcare facility, which benefits not only the attendee but the employer as well.

METHOD OF PAYMENT FOR REGISTRATION FEE

Payment can be made by U.S. check/money order (payable to NPWH Conference) or by credit card—MasterCard, VISA, Discover, or American Express—only. A \$25 fee is charged for any returned check or declined credit card.

REFUNDS

A \$75 processing fee will be charged for cancellations received in writing by **September 10, 2018**. After September 10, 2018, only 50% of the registration fee will be refunded, and "no-shows" will not receive a refund. On-site cancellation of workshop participation will result in a 50% refund of the workshop fee.

AMERICANS WITH DISABILITIES ACT/ DIETARY RESTRICTIONS

NPWH fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If you have any dietary restrictions and will be attending any of the meal functions, please let us know as soon as possible. NPWH will work with you to make sure your needs are met. If any participant in this education activity needs special accommodations, please contact info@npwh.org.

EQUAL OPPORTUNITY

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability, or age, as provided by law and in accordance with NPWH's respect for personal dignity.

HOTEL RESERVATIONS

The official hotel of the 21st annual conference is The JW Marriott San Antonio Hill Country, located at 23808 Resort Parkway, San Antonio, TX 78261. The discounted conference room rate (single/double) is \$239, plus all applicable taxes. Complimentary Wi-Fi is included in the room rate. To make a reservation, you can call 877-622-3140 or book online at <http://bit.ly/NPWH2018Hotel>

When making your reservations, be sure to mention the National Association of Nurse Practitioners in Women's Health to receive the discounted rate. Additional booking information can be found at www.npwh.org. **The cut-off date for the discounted rate is August 29, 2018.**

IMPORTANT HOTEL CANCELLATION INFORMATION

For each reservation cancelled after **September 10, 2018**, a non-refundable full night's room rate, plus applicable taxes, will be charged to the credit card on file. Guests who check out early (prior to the reserved check-out date) will be assessed one full night's room charge, plus applicable taxes.

Parking at the hotel is currently \$37/day for valet parking (tax included). Self-parking is free of charge.

GROUND TRANSPORTATION

You can take a cab from the airport (SAT) to the hotel for approximately \$45 (not including gratuity). A cab ride takes 15-20 minutes from the airport to the hotel, depending on traffic. The airport also offers ride-sharing services (e.g., Uber, Lyft). As an alternative, you can take a Super Shuttle from the airport to the hotel for approximately \$23 one-way (not including gratuity). Visit <http://www.supershuttle.com/> or call 800-BLUE VAN (800-258-3826) to make a reservation, which is required.

CLIMATE AND WARDROBE CONSIDERATIONS

Business casual is the accepted attire during conference activities. Sweaters and light jackets are recommended for cool meeting rooms and evenings.

CREDIT INFORMATION

This program has been approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health for 12.9 contact hours (up to 7.25 hours of Pharmacology). The pre-conference has been approved for 7.0 contact hours, including 5 hours of Pharmacology. The complimentary symposia and workshops offer up to 5.5 contact hours.

The American Midwifery Certification Board accepts NPWH continuing education credit for midwives.

Registration Form



Please Print)

Name _____ Credentials _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ Work (____) _____ Fax (____) _____

Email _____

Please indicate if you have any of the following dietary restrictions/food allergies: ☐ Vegetarian ☐ Vegan ☐ Gluten Free ☐ Pescetarian ☐ Nut Allergy

NPWH Member? Yes _____ Expiration Date _____ No _____

Area of NP Preparation _____ Last 4 Digits of SS# _____

Do you work in an OB/GYN practice? Yes _____ No _____ Do you work in Primary Care practice? Yes _____ No _____ Other _____

REGISTRATION FEES

Pre-Conference Registration Fees

- | | |
|--|--------------------------------|
| <input type="checkbox"/> Conference Participant | <input type="checkbox"/> \$245 |
| <input type="checkbox"/> Attending Pre-Conference Only | <input type="checkbox"/> \$270 |
| <input type="checkbox"/> Student (Please submit copy of school ID) | <input type="checkbox"/> \$145 |

Main Conference Registration Fees

- | | Early Registration
Postmark By 9/5/2018 | Regular Registration
Postmark By 9/26/2018 | Late Registration
Postmarked after 9/26/2018 |
|--|--|---|---|
| <input type="checkbox"/> Active Member | <input type="checkbox"/> \$500 | <input type="checkbox"/> \$550 | <input type="checkbox"/> \$570 |
| <input type="checkbox"/> Student
(Includes 1-year NPWH membership & must submit a copy of school ID with registration form) | <input type="checkbox"/> \$295 | <input type="checkbox"/> \$295 | <input type="checkbox"/> \$295 |
| <input type="checkbox"/> Non-Member/Inactive
(includes 1-year NPWH membership) | <input type="checkbox"/> \$615 | <input type="checkbox"/> \$615 | <input type="checkbox"/> \$615 |

Partial Attendance (Fees Are Per Day)

- | | |
|--|--------------------------------|
| <input type="checkbox"/> Active Member | <input type="checkbox"/> \$325 |
| <input type="checkbox"/> Thursday <input type="checkbox"/> Friday | |
| <input type="checkbox"/> Non-Member/Inactive (price does NOT include membership) | <input type="checkbox"/> \$375 |
| <input type="checkbox"/> Thursday <input type="checkbox"/> Friday | |
| <input type="checkbox"/> Non-Member/Inactive (includes 1-year NPWH membership) | <input type="checkbox"/> \$425 |
| <input type="checkbox"/> Thursday <input type="checkbox"/> Friday | |

Workshop Fees

Workshops are open to Main Conference attendees – those registered for BOTH Thursday and Friday sessions – ONLY

- | | |
|--|--------------------------------|
| <input type="checkbox"/> Conference Participant (Workshops 1 and 2 only) | <input type="checkbox"/> \$100 |
| <input type="checkbox"/> Student (Workshops 1 and 2 only) | <input type="checkbox"/> \$ 75 |

Conference Add-Ons

- | | |
|---|--|
| <input type="checkbox"/> Zumba on Thursday, October 11 | <input type="checkbox"/> \$ 20 |
| <input type="checkbox"/> Attendee registration for Riverwalk transportation on Friday, October 12 | <input type="checkbox"/> Free |
| <input type="checkbox"/> Guest fee for Riverwalk transportation (Number of guests _____) | <input type="checkbox"/> \$ 20 per guest |

TOTAL AMOUNT PAID \$ _____

METHOD OF PAYMENT

☐ U.S. Check or Money Order Enclosed (made payable to NPWH Conference)

☐ VISA ☐ MasterCard ☐ Discover ☐ American Express

Card Number _____ Exp. Date _____

Card Holder Name (please print) _____

Card Holder Phone Number _____

Card Holder Signature _____

Email Address for receipt (if different from above) _____

Please continue to next column to select Symposia/Workshops that you wish to attend.

PLEASE COMPLETE ENTIRE REGISTRATION FORM AND MAIL OR FAX TO:

NPWH – Conference Registration

Attn: Carol Wiley

505 C Street, NE, Washington, DC 20002

Fax: (202) 543-9858 (credit card payments only)

In order to attend the Dinner/Lunch/Breakfast Symposia, you must make your selection below. Symposia are assigned on a first-come, first-served basis and are set at a limited capacity.

- ☐ Yes, I will attend the Product Theater Breakfast on Wednesday, October 10, 2018.
- ☐ Yes, I will attend the Lunch Symposium on Thursday, October 11, 2018.
- ☐ Yes, I will attend the Dinner Symposium on Thursday, October 11, 2018.
- ☐ Yes, I will attend the Product Theater Breakfast on Saturday, October 13, 2018.

BREAKOUT SESSIONS

Friday, October 12, 2018

Please provide your 1st, 2nd, 3rd, 4th and 5th choices for each time slot. If choices are not indicated, they will be randomly selected for you. **Breakout sessions are assigned on a first-come, first-served basis and are set at a limited capacity.**

8:00am – 9:15am

A _____ B _____ C _____
D _____ E _____

9:25am – 10:40am

F _____ G _____ H _____
I _____ J _____

12:00pm – 1:15pm

K _____ L _____ M _____
N _____ O _____

1:25pm – 2:40pm

P _____ Q _____ R _____
S _____ T _____

2:50pm – 4:05pm

U _____ V _____ W _____
X _____ Y _____

WORKSHOPS

Saturday, October 13, 2018 (9:00am – 12:00pm)

Workshops are open to Main Conference attendees – those registered for BOTH Thursday and Friday sessions – ONLY. **Workshops 1 and 2 incur an additional fee.** Fees for Workshops 3, 4, 5, and 6 are included in the Main Conference registration. If you wish to attend a workshop, please select **one only** below. Limited workshops will be filled on a first-come, first-served basis. (All workshops are subject to change or to be closed due to room capacity).

- ____ 1 Office Gynecology Procedures (Limited to 100 registered attendees) – \$100 for conference attendees, \$75 for students
- ____ 2 Intrauterine Contraception – The Fabulous Five (Limited to 50 registered attendees) – \$100 for conference attendees, \$75 for students
- ____ 3 You Can Do It! How to Provide Gender-Affirming Care for your Transgender and Gender Non-Conforming Patients (no fee)
- ____ 4 Pessary Fitting/Pelvic Floor (no fee)
- ____ 5 Nexplanon® (Limited to 30 registered attendees) (no fee)
- ____ 6 Where Professional Development Can Take You – Exploring Opportunities (no fee)

Register online at www.npwh.org