

## Message from the CEO

NPWH is dedicated to the continuing education (CE) and professional development of nurse practitioners; we are always pursuing new ways to improve our educational offerings. We are excited about our latest program, the Women's Sexual Health Course for NPs, which is being held on June 27-29, 2014, at the Sheraton Dallas Hotel by The Galleria in Dallas, Texas. We are pleased to offer this course in collaboration with the International Society for the Study of Women's Sexual Health (ISSWSH). *The program guide is presented here in the journal on the next five pages.*



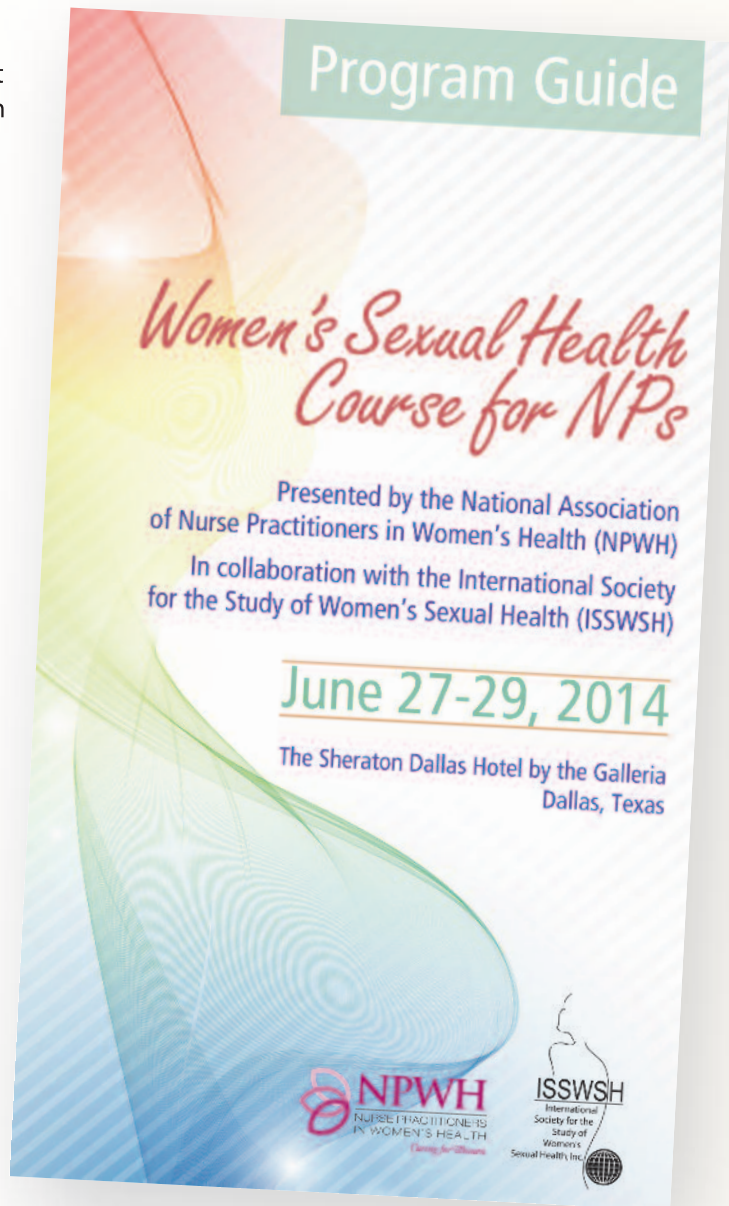
Gay Johnson

Nurse practitioners see many female patients who have sexual health concerns. The purpose of this course is to provide education on state-of-the-art diagnostic and management strategies available for clinicians treating women with sexual health problems. This course will provide NPs with up-to-date evidence and expert consensus on the evaluation of female sexual dysfunction and therapeutic strategies to improve the sexual health of women. The expert faculty will impart the necessary knowledge, skills, and professional attributes that are required for excellence in the practice of sexual healthcare today.

In addition to receiving CE credits, attendees will receive a Certificate of Completion for the Women's Sexual Health Course that will document for patients, employers, and peers the knowledge gained in the area of women's sexual health.

We hope that you will take advantage of this exciting new educational opportunity.

– Gay Johnson  
Chief Executive Officer, NPWH



**NPWH and ISSWSH welcome you to the first Women's Sexual Health Course for NPs. We know that many of you see patients with female sexual dysfunction (FSD) and that once you have completed this course, you will be more confident in your ability to evaluate, diagnose and manage FSD.**

### **Educational Objectives**

At the conclusion of the meeting, attendees should be able to:

- Interpret the current state-of-the-art knowledge in epidemiology, physiology and pathophysiology of female sexual function and dysfunction
- Assess female sexual dysfunction using history and physical, psychometrically validated inventories, blood tests, neurological and blood flow testing
- Apply medical, surgical, behavioral, and psychosocial treatments available for a woman with sexual dysfunction presenting in a community setting
- Distinguish when to treat a woman with sexual dysfunction in the office and when to refer her to a psychologist, physical therapist or sexual medicine physician

### **Needs Statement**

Female sexual problems are common in medical practice, and state-of-the-art diagnostic and management strategies are available for women. The purpose of this CE program is to provide nurse practitioners with up-to-date evidence and expert consensus on female sexual medicine, evaluation, and therapeutic strategies. We will address the necessary knowledge, required skills, and professionalism attributes required for excellence in the current practice of sexual medicine.

### **Registration Information**

Course Registration Fees

\$385 for Active NPWH or ISSWSH Member

\$425 for Non-Member

\$480 for Non-Member with 1 Year NPWH Membership

\$535 for Non-Member with 1 Year ISSWSH Membership

\$630 for Non-Member with 1 Year NPWH and ISSWSH Membership

### **Method of Payment for Registration Fee**

Payment can be made by U.S. check or money order (payable to NPWH) or credit card—MasterCard, VISA, Discover, or American Express only. A \$25 fee is charged for any returned check or declined credit card.

### **Refunds**

A \$50 processing fee will be charged for cancellations received in writing by May 27, 2014. After May 27, 2014, only 50% of the fee will be refunded, and "no-shows" will not receive a refund.

### **Accommodations**

The Sheraton Dallas Hotel by the Galleria

4801 LBJ Freeway, Dallas, TX 75244, 972-661-3600

Your discounted conference room rate is \$119 (plus applicable state and local sales tax, currently 13%). The deadline to receive discounted room rate is Wednesday, May 28, 2014.

Call 1-888-627-8436 to arrange your hotel reservations and mention NPWH Nurse Practitioners in Women's Health for the special group rate. You can also book online at <https://www.starwoodmeeting.com/StarGroupsWeb/res?id=1401131714&key=EE562>

Complimentary parking will be available for all course attendees.

Hotel Early Departure Policy: Any individual wishing to change their departure day may do so up until the time of check-in without any fee. Any departure changes after this point will be subject to the hotel's standard early departure fee of \$119.00

### **Airport and Ground Transportation Information**

**Dallas/Ft. Worth International Airport (DFW)**

Travel Distance: Approximately 18 miles

Super Shuttle Fee: Approximately \$18 USD, Contact: (800)

BLUEVAN; Reservation Required, Taxi Fee: Approximately \$45 USD

**Love Field (DAL)**

Travel Distance: Approximately 12 miles

Super Shuttle Fee: Approximately \$20 USD

Taxi Fee: Approximately \$30 USD

### **Americans with Disabilities Act/ Dietary Restrictions**

NPWH fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If you have any dietary restrictions and will be attending any of the meal functions, please let us know as soon as possible. NPWH will work with you to make sure your needs are met. If any participant in this education activity is in need of special accommodations, please contact Carol Wiley at [cwiley@npwh.org](mailto:cwiley@npwh.org).

### **Equal Opportunity**

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability or age, as provided by law and in accordance with NPWH's respect for personal dignity.

### **Credit Information**

This program has been approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health for 17 contact hours.

In addition to CE contact hours, attendees will receive a Certificate of Completion for the Women's Sexual Health Course. The Certificate will document for patients, employers, and peers the knowledge gained in Women's Sexual Health.

### **For Questions Regarding Registration**

Contact Carol Wiley at NPWH: 202-543-9693, ext.4

Email: [cwiley@npwh.org](mailto:cwiley@npwh.org)

Website: [www.npwh.org](http://www.npwh.org)

505 C St. NE

Washington, DC 20002

# 2014 NPWH Women's Sexual Health Course Schedule

## Friday, June 27, 2014

### 12:00 pm – 1:00 pm

Registration

### 1:00 pm – 7:00 pm

Check-In / Information Desk Open

### 1:00 pm – 1:10 pm

Welcome/Introduction

Irwin Goldstein, MD, IF, President-Elect ISSWSH & Gay Johnson, CEO, NPWH

### 1:10 pm – 1:30 pm

Epidemiology/Models/Classification

Sheryl Kingsberg, PhD, IF

### 1:30 pm – 1:50 pm

Sexual History/Psychological & Psychosocial History/Screening Questionnaires

Sheryl Kingsberg, PhD, IF

### 1:50 pm – 2:20 pm

Normal Anatomy and Physiology of the Female Reproductive Tract

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

### 2:20 pm – 5:00 pm

#### Sexual Pain Mini-Course

#### 2:20 pm – 2:50 pm

Prevalence and Causes of Dyspareunia

Julea Minton, MSN, NP-C

#### 2:50 pm – 3:20 pm

Physical Exam, Vulvoscopy & Labs

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

#### 3:20 pm – 3:50 pm

Pelvic Floor Physical Therapy

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

#### 3:50 pm – 4:05 pm — Break

#### 4:05 pm – 4:35 pm

Treatment of Dyspareunia: Medical

Julea Minton, MSN, NP-C

#### 4:35 pm – 4:50 pm

Treatment of Dyspareunia: Surgical

Irwin Goldstein, MD, IF

### 5:00 pm – 7:00 pm Breakout Session I

Participants will have the opportunity to rotate through 4 of 5 topics listed below; each will be 30 minutes long. Please indicate your selections on the registration form.

Topic 1: Vulvar Dermatoses & HPV/VIN

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

Topic 2: Vulvoscopy

Julea Minton, MSN, NP-C

Topic 3: Contraception and Sexual Function

Brooke Faught, MSN, WHNP-BC, IF

Topic 4: Pelvic Floor Muscle Exam and Physical Therapy

Irwin Goldstein, MD, IF

Topic 5: Sexual Health Counseling and Communication

Skill Building: Ask-Tell-Ask

Sheryl Kingsberg, PhD, IF

### 7:00 pm – 7:45 pm – Welcome Reception

## Saturday, June 28, 2014

### 7:00 am – 8:00 am

Continental Breakfast

### 7:00 am – 6:00 pm

Check-In / Information Desk Open

### 8:00 am – 9:00 am

Hormonal Therapy: Estrogens and Progestogens

Irwin Goldstein, MD, IF

### 9:00 am – 9:30 am

Androgen Treatment Guidelines and Safety Concerns

Irwin Goldstein, MD, IF

### 9:30 am – 10:00 am

Hormone Use With "The Big C"

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

### 10:00 am – 10:30 am

Cancer Treatment and Sexuality

Brooke Faught, MSN, WHNP-BC, IF

### 10:30 am – 10:45 am – Break

### 10:45 am – 12:15 pm

#### HSDD/Arousal Disorder/Orgasm Disorder Mini-Course

10:45 am – 11:15 am

Prevalence and Causes of HSDD/Arousal/Orgasmic Disorders

Brooke Faught, MSN, WHNP-BC, IF

11:15 am – 11:45 am

Physical Exam – QST, Vulvoscopy, Pelvic Floor, Labs

Julea Minton, MSN, NP-C

11:45 am – 12:15 pm Treatment of HSDD, Arousal and Orgasmic Disorders

Irwin Goldstein, MD, IF

### 12:15 pm – 1:15 pm — Lunch

### 1:15 pm – 1:45 pm

Sexual Health in Pregnancy and Post-Partum

Brooke Faught, MSN, WHNP-BC, IF

### 1:45 pm – 2:15 pm

Gynecologic Conditions and Sexual Dysfunction

Brooke Faught, MSN, WHNP-BC, IF

### 2:15 pm – 2:45 pm

Psychiatric Disorders and Sexual Dysfunction

Sheryl Kingsberg, PhD, IF

### 2:45 pm – 3:00 pm — Break

### 3:00 pm – 5:00 pm Breakout Session II

Participants will have the opportunity to rotate through the topics listed below; each will be 30 minutes long.

Topic 1: Diagnostics: Clinical Cases

Julea Minton, MSN, NP-C, Irwin Goldstein, MD, IF

Topic 2: Sexual Enhancers: Moisturizers, Lubricants and Accessories

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

Topic 3: Office-Based Sex Therapy for Couples

Sheryl Kingsberg, PhD, IF

Topic 4: Issues in Health Specific to LGBT

Brooke Faught, MSN, WHNP-BC, IF



## Sunday, June 29, 2014

**7:00 am – 8:00 am**

Continental Breakfast

**7:00 am – 12:00 pm**

Check-In / Information Desk Open

**8:00 am – 9:00 am**

**Persistent Genital Arousal Disorder (PGAD)**

**8:00 am – 8:30 am**

Prevalence and Theoretical Causes of PGAD

Julea Minton, MSN, NP-C

**8:30 am – 9:00 am**

Medical and Surgical Treatments of PGAD

Irwin Goldstein, MD, IF

**9:00 am – 9:15 am**

Coding

Brooke Faught, MSN, WHNP-BC, IF

**9:15 am – 9:45 am**

Experimental Therapies and Future Research for FSD

Irwin Goldstein, MD, IF

**10:00 am – 10:15 am — Break**

**10:15 am – 11:30 am**

Final Q & A

All Faculty

**11:30 am – 11:45 am**

Conclusion and Course Wrap-Up

Irwin Goldstein, MD, IF & Gay Johnson, CEO, NPWH

## Join NPWH

and receive these membership benefits:

- Representation in Washington, DC to voice women's health issues
- Complimentary subscription to *Women's Healthcare: A Clinical Journal for NPs*
- Numerous continuing education activities for CE credit
- Weekly E-News Brief
- Searchable NP database
- Access to clinical publications
- Discounted NPWH Conference Fees

Visit [www.npwh.org](http://www.npwh.org) to become a member today!

## Join ISSWSH

and receive these membership benefits:

- Excellent scientific programs, as well as instructional courses
- Reduced meeting registration fees
- Access to ISSWSHNET – the premier email discussion list for talking about and understanding women's sexual health issues
- Access to the online, members-only section, which includes a searchable directory, archive of your continuing education with ISSWSH, archive of your dues history and access to the ISSWSH bulletin board
- Discounted journal rates to *The Journal of Sexual Medicine*
- Find a Provider – this feature is a public search tool that will allow you to extend your expertise and knowledge of women's sexual health to patients seeking a provider as well as other healthcare providers looking to refer their patients to a specialist

Visit [www.isswsh.org](http://www.isswsh.org) to become a member today!

## 2014 Planning Committee

Brooke Faught, MSN, WHNP-BC, IF

Catherine Gagnon, RN, MSN, NP-C

Irwin Goldstein, MD, IF

Sue Goldstein, BA, CCRC, IF

Gay Johnson, BA, Chief Executive Officer, NPWH

Susan Kellogg-Spadt, PhD, CRNP, IF, CST

Susan Rawlins, RN, MS, WHNP-BC

## Distinguished 2014 Faculty

**Brooke Faught, MSN, WHNP-BC, IF**

Clinical Director, Women's Institute for Sexual Health (WISH)  
Nashville, Tennessee

**Irwin Goldstein, MD, IF**

Director of Sexual Medicine, Alvarado Hospital  
Clinical Professor of Surgery, University of California  
San Diego  
Director, San Diego Sexual Medicine  
San Diego, California

**Susan Kellogg-Spadt PhD, CRNP, IF, CST**

Director of Female Sexual Medicine, Academic Urology  
Professor of Human Sexuality, Widener University  
Professor of OBGYN, Drexel University College of Medicine  
Philadelphia, Pennsylvania

**Sheryl Kingsberg, PhD, IF**

Chief, Division of Behavioral Medicine, Department of OB/GYN  
University Hospitals Case Medical Center/MacDonald  
Women's Hospital  
Professor of Reproductive Biology and Psychiatry,  
Case Western Reserve University School of Medicine  
Cleveland, Ohio

**Julea Minton, MSN, NP-C**

Nurse Practitioner, San Diego Sexual Medicine  
San Diego, California

**You can register for the conference by visiting [www.npwh.org](http://www.npwh.org)**

or by filling out the form below and returning with payment via mail or fax.

Please complete entire application & fax to:  
**(202) 543-9858**  
(credit card payments only)

or mail to:  
**NPWH – Women’s Sexual Health Conference**  
**Attn: Carol Wiley**  
**505 C Street, NE, Washington, D.C. 20002**

Registration Form (Please Print)

Name \_\_\_\_\_ Credentials \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_ Work (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_  
Email \_\_\_\_\_

**Would you like your registration confirmation emailed to you?** Yes \_\_\_\_\_ No \_\_\_\_\_

**NPWH Member?** Yes \_\_\_\_\_ Expiration Date \_\_\_\_\_ No \_\_\_\_\_

**ISSWSH Member?** Yes \_\_\_\_\_ Expiration Date \_\_\_\_\_ No \_\_\_\_\_

(All membership(s) will be verified.)

**Area of NP Preparation** \_\_\_\_\_ Last 4 Digits of SS# \_\_\_\_\_

**Registration Fees:** (Fees include all sessions and all days of the course.)

- NPWH or ISSWSH Member Fee ..... \$385
  - Non-Member Fee ..... \$425
  - Non-Member with 1 Year NPWH Membership ..... \$480
  - Non-Member with 1 Year ISSWSH Membership ..... \$535
  - Non-Member with 1 Year NPWH & ISSWSH Membership ..... \$630
- Total Amount Paid \$ \_\_\_\_\_

**Breakout Session I – Friday, June 27, 2014**

Please indicate your 1st, 2nd, 3rd, 4th, and 5th choices for the topics below. (If none are indicated, they will be randomly selected for you.) Please refer to the course schedule for the topic titles.

Topic 1 \_\_\_\_\_ Topic 2 \_\_\_\_\_ Topic 3 \_\_\_\_\_ Topic 4 \_\_\_\_\_ Topic 5 \_\_\_\_\_

**Method of Payment**

- U.S. Check or Money Order Enclosed (made payable to NPWH)
- VISA       MasterCard       Discover       AMEX

Card Number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

Card Holder Name (please print) \_\_\_\_\_

Card Holder Phone Number: \_\_\_\_\_

Card Holder Signature \_\_\_\_\_

*Save the Dates for*

*NPWH 17th Annual Clinical Conference*  
October 15-18, 2014 in Savannah, Georgia

*ISSWSH Fall Course*

November 14-16, 2014 in Scottsdale, Arizona